

JBLM SENIOR LEADERS' COMMUNITY UPDATE BREAKFAST

Regional leaders receive base update

Topics include both home station training, Pacific theater operations

BY PAMELA KULOKAS Northwest Guardian

Several leaders from the South Sound area met with Joint Base Lewis-McChord leadership Nov. 18 at American Lake Conference Center during the JBLM Senior Leaders' Community Update Breakfast where pending increases in home station training and training requirements in

reference to the Pacific theater of operation and other issues were discussed.

Seeking to give community leaders a better understanding of these topics as well as gather feedback, command teams from throughout JBLM attended.

After welcome and opening remarks by Col. Daniel S. Morgan, JBLM commander, Lt. Gen. Stephen R. Lanza, I Corps commanding general, thanked community representatives for their support, praising them for being engaged leaders with the base's civilian partners.

"It is about relationships, and from these relationships brings trust and (local leaders) breed trust amongst the community," he said. 'Big Rocks," presented by

Col. Guy Jones, I Corps' G3, included increased training at

SEE UPDATE, 12A



Col. Daniel S. Morgan greets the audience during the JBLM Senior Leaders' Community Update Breakfast at the American Lake Conference Center Nov. 18.

PAMELA KULOKAS Northwest Guardia

OPERATION TURKEY DROP A HAPPY THANKSGIVING



I Corps **Soldiers** bid DCG farewell

RETIREMENT CEREMONY

Fuller ends his 35-year career

BY SGT. SINTHIA ROSARIO

SCOTT HANSEN No

Chief Warrant Officer 4 Russell Houser, left, commander of the 56th Army Band, and Capt. Joseph Clausing, of Headquarters and Headquarters Battalion, I Corps, right, help unload turkeys during an Operation Turkey Drop delivery at HHB, I Corps on Lewis Main Nov. 18.

Volunteers drop off 1,100 frozen turkevs

BY RUTH KINGSLAND Northwest Guardian

early 40 volunteers and about 50 local businesses and community groups joined forces Nov. 18 for Joint Base Lewis-McChord's annual Operation Turkey Drop to provide more than 1,100 turkeys to service members and their families for the Thanksgiving holiday.

The turkeys were distributed at several locations across the installation, where they were given to junior service members and

SEE TURKEY, 12A



Operation Turkey Drop volunteers unload 100 frozen turkeys for service members and their families at 1st Brigade, 2nd Infantry Division Headquarters on Lewis Main Nov. 18.

new \$91

Plant

ribbon

cutting

ceremony at

the facility

Monday.

Detachment

After 35 years of military service, Maj. Gen. William K. Fuller, former deputy commanding general of I Corps, retired from the Army during a ceremony at

Joint Base Lewis-McChord Nov. 18. I Corps Soldiers, families and friends gathered to bid farewell to Fuller and his family as they embark on a new life outside of the



Fuller military.

"He has dedicated more than half of his life to serve our nation," said Lt. Gen. Stephen R. Lanza, I Corps commanding general. "But I can confidently say that he is a humble leader whose legacy is defined by the significant impacts he has made here at I Corps, throughout the Army and around the world through three decades of conflict."

Fuller briefly spoke about how his parents and grandparents helped him begin his military career.

"They raised my brother and I in a traditional American home where Christian values, service to others and honor was a part of our daily life," Fuller said. "That foundation gave me a great head start.'

SEE FULLER, 12A

U.S. Air Force Photo

IN THE NEWS

RIBBON CUTTING CEREMONY

Wastewater Treatment Plant provides cleaner water

BY RIO FERNANDES Northwest Guardian

There was a distinct buzz around the new Joint Base Lewis-McChord Wastewater Treatment Plant as high ranking military and elected officials celebrated the completion of the \$91 million center at a ribbon cutting ceremony Monday.

The ceremony served as a chance to thank and praise the work of everyone involved in getting the plant built. It was a group effort by various organizations, including JBLM leadership, state and local governments and CDM Smith, the construction company that built the center.

"Once again, this is JBLM proving what a good neighbor it is," said Congressman Denny Heck, representing the 10th Congressional District of Washington. "This is a big investment in cleaning up wastewater and is an unbelievable commitment to

SEE WATER, 12A



RIO FERNANDES Northwest Guardiar

Visitors enjoy a tour of the million JBLM Wastewater A combat controller guides a C-17 Treatment as it lands on a Nevada airstrip. following a

MOVING THE SCHOOL

The C-17 Weapons Instructor Course will moved to Joint Base Lewis-McChord from Joint Base McGuire-Dix-Lakehurst, N.J., starting in July. See story, 3A

NORTHWEST GUARDIAN

555TH ENGINEER BRIGADE



RIO FERNANDES Northwest Guardian

1st Lt. Michael McWilliams, of 864th Engineer Battalion, 555th Engr. Bde., joins the ruck march Nov. 16.

Triple Nickel jump starts holidays with ruck march

BY RIO FERNANDES Northwest Guardian

Holiday music echoed across the American Lake Conference Center parking lot as the 555th Engineer Brigade, 7th Infantry Division marched up to drop off presents for its annual Holiday Gift Ruck March in the early morning hours Nov. 16.

The event was a mix of physical training and lighthearted holiday giving, with many of the service members wearing festive costumes — including a fully dressed Santa Claus and Christmas onesies. While the mood was upbeat, everyone understood the value and goal of the event, which is to provide gifts for children who otherwise might not receive them.

"We want to kick off the holiday season and give Soldiers a chance to contribute to a charity of their choice," said Col. F. Dillard Jr., 555th Engr. Bde. commander. "You can tell the Soldiers were looking forward to this with all the spirit and holiday attire. It's a great way to show that we are thankful for what we have and share our blessing with others."

"We want to kick off the holiday season and give Soldiers a chance to contribute to a charity of their choice."

Col. Larry F. Dillard Jr. 555th Engr. Bde. commander

that delivers toys and holiday cheer to the children of military members. Last year, this event brought in \$219,000 worth of toys, 40,000 individual toys, helped 815 families and delivered gifts to 1,038 children, according to the group's president Amy Luekenga.

Гhe Triple Nickel has been big supporter of us for the past seven years, and we really appreciate it," Luekenga said. 'These men and women are showing they are willing to support other military families who are going through financial difficulties during the holidays. "It's a good showing that we can take care of each other. We can be a family and good support system."

She added that people interested in donating to their organization can call Santa's Castle at 253-966-2355.

The march started bright and early, as the battalion left from its headquarters around 6 a.m. and trekked nearly 2 miles to drop off the presents. The more than 1,000 service members were a sight to behold, with many of them wearing Santa hats and holiday lights wrapped around their bags.

Immediately following the toy drive, the battalion set up in line for a photo and to hear an address from Dillard and Command Sgt. Maj. Steven P. Tetreault of the 555th Engr. Bde. Both spoke extensively about the value of giving back during the holidays and how to best enjoy the time with family and

NEWS IN BRIEF

Joint Base Lewis-McChord holds M777 Howitzers late-night firing

Joint Base Lewis-McChord will conduct continuous latenight firing of M777 155 mm Howitzers Monday through Wednesday. The purpose of the late-night training is for unit proficiency training on this weapon system.

The 1st Battalion, 37th Field Artillery Regiment, 2nd Infantry Division Artillery on JBLM will conduct the training. Increased levels of activity will be noticed during the day, evening and nighttime hours, and firing will be conducted from two firing points on base.

This is required training, which allows military members to practice and improve skills necessary during combat. As often as possible, JBLM conducts larger scale artillery firing and demolition training at the Yakima Training Center in an effort to minimize inconvenience for the surrounding communities. However, some training must take place on base.

- JOINT BASE LEWIS-MCCHORD PUBLIC AFFAIRS

New indoor heated vehicle storage available on Lewis Main

New indoor heated storage will be available at the Lewis Main Auto Center in January, in addition to the current outdoor covered storage for vehicles.

The outdoor space is \$45 per month for vehicles 20 feet and under, \$50 for 21 to 30 feet, \$55 for 31 to 39 feet and \$60 for more than 40 feet. The indoor space will cost \$83 for vehicles up to 20 feet.

For more information, call 253-967-3728.

- JBLM FAMILY AND MORALE, WELFARE AND RECREATION

Homebrewers invited to compete for JBLM, DOD bragging rights

If you're into making homebrew, start your mash and get ready to enter your best batches into the 2017 Joint Base Lewis-McChord's homebrew competition for bragging rights -Best of JBLM or Best of Department of Defense.

Military competitors, who identify themselves at registration, also have a chance at the Commander's Cup award. Online registration runs from Jan. 1 to 30.

Competition is only open to beer – ciders and meads will not be judged. The fee is \$7 per entry.

Entries will be judged by certified experts Feb. 4. Winners will be announced at Brewfest Feb. 10.

Event organizers are encouraging homebrewers to provide samples at Brewfest, where winners will be announced and awarded prizes and medals. The event is an AHA/BJCP sanctioned competition, hosted by JBLM Family and Morale, Welfare and Recreation and Homebrewers of Puget Sound.

For more information, call 253-967-5776 or visit jblmmwr.com/brewfest.

- JBLM FAMILY AND MORALE, WELFARE AND RECREATION

Exchange shoppers can enter sweepstakes for \$1,500 gift cards

The Army and Air Force Exchange Service is giving military hance next year during the PODS Sweepstakes at the Lewis Main and the McChord Field exchanges.

One of the charities present to help collect toys was Santa's Castle, a nonprofit organization

"This is a chance to give back to the community that we already help each and every day," Tetreault said. "We went above and beyond. This is the colonel's and (my) second year doing this, and we have clearly elevated our game. We got to support the community, get some personal training out of it and have some fun.'

Through Jan. 5, Exchange shoppers can enter to win a \$500 exchange gift card courtesy of PODS. Four runners-up will each win a \$250 Exchange gift card.

Authorized shoppers age 18 and older can enter the PODS Sweepstakes at shopmyexchange.com/sweepstakes. No purchase is necessary to enter or win

- THE ARMY AND AIR FORCE EXCHANGE SERVICE

Time-in-grade, time-in-service points being eliminated by AF

Time-in-grade and time-in-service points in active duty Air Force enlisted promotion consideration will be eliminated beginning with the 17E7 master sergeant promotion cycle, and all future promotion cycles, the Air Force recently announced.

This is the final step in a gradual reduction of points for TIG/TIS that occurred one-third at a time over three years as part of the new enlisted evaluation and promotion systems employed in 2015.

In order to create a framework that effectively encourages and captures performance-based service, overall enlisted performance report points for the Weighted Airman Promotion System increased while TIG/TIS points were reduced gradually with the goal to remove them completely.

The changes to the enlisted evaluation and promotion systems are intended to ensure performance carries the most weight when calculating points for promotion selection. Airmen will continue to complete their WAPS testing and have their test scores combined with their other weighted factors.

Additional details regarding WAPS and enlisted promotions are available on myPers. Click the Promotion link from the active duty enlisted landing page or select "Active Duty AF Enlisted" from the dropdown menu and search "WAPS."

For more information, visit mypers.af.mil.

- AIR FORCE PERSONNEL CENTER PUBLIC AFFAIRS

Holloman chosen as preferred location for interim F-16 training

The Air Force selected Holloman Air Force Base, N.M., as the preferred alternative for the interim home for two F-16 Fighting Falcon training squadrons created to increase fighter pilot production as the service faces a growing pilot shortage.

Holloman was selected as the preferred location because site survey analysis concluded it has the capacity and existing command structure to begin producing pilots faster than other proposed locations. Kelly Field in Texas will also be analyzed as a reasonable alternative.

The two training squadrons will allow the service to increase fighter pilot production as part of an effort to address a critical fighter pilot shortage. As the Air Force increases undergraduate pilot training, corresponding increases need to be made to flying training units. These new flying training units will be used to absorb new pilots for continued training

Pending a positive Environmental Impact Analysis Process for the interim action, the Air Force will relocate 45 F-16s from Hill AFB, Utah, to Holloman while augmenting Holloman's current manning with additional instructor pilots and contractor logistics support maintainers.

The F-16s are expected to arrive at Holloman AFB in the summer of 2017, after the Environmental Impact Analysis Process is complete.

- SECRETARY OF THE AIR FORCE PUBLIC AFFAIRS

JBLM SERGEANT AUDIE MURPHY CLUB Five new members join exclusive club

BY RIO FERNANDES Northwest Guardian

The Joint Base Lewis-McChord Sergeant Audie Murphy Club bolstered its ranks with five new members inducted into the exclusive group Nov. 18 at Carey Theater.

The new members are: 1st Sgt. Kimberly A. Costello, Staff Sgt. Jacob K. Jones, Staff Sgt. Michael D. Turner and Sgt. Danielle A. Williams – all of whom are assigned to the 2nd Brigade, 2nd Infantry Division – as well as Staff Sgt. Timothy E. Perko of the 2nd Infantry Division Artillery. The induction ceremony served as a celebration for all of the work they put in to get into the club.

"I feel relieved and excited – it's a good feeling," Williams said. "I learned more about myself and that I can push myself to do anything I didn't think I could do. You never know what you can do until you do it. This is just the beginning though."

The event kicked off with an introduction about the club's namesake, Medal of Honor recipient Sgt. Audie Leon Murphy, who served in World War II and has become a cultural icon in the military. He is often referred to as the greatest combat service member in the more than 200-year history of the United States. To best honor Murphy's legacy, this club was created to celebrate exemplary noncommissioned officers.

Admission into the group is a difficult process, requiring individuals to be nominated and then go through a lengthy application and review procedure

a go from the board lets out a

before being allowed to join. Due to the difficult nature of joining the club, only the cream of the crop are able to make it in, creating a special relationship between members of the club.

Sergeant Audie Murphy Club Nov. 18.

"Today is very special day for these Soldiers," said Sgt. 1st Class Gracie K. Best of the 593rd Expeditionary Sustainment Command, the club's president. "They've gone through multiple phases to get here and be recognized as Sgt. Audie Murphy awardees. Only the top 20 percent of leaders in the Army make it to this point."

"Today is the day they get to smile and finally breathe again. The process is very stressful, and every member that receives big sigh of relief."

Lieutenant General Stephen R. Lanza, I Corps commanding general, and I Corps Command Sgt. Maj. Michael A. Grinston attended the event to commend the outstanding work that each of the awardees exemplified. They also awarded the medals and pins to the five deserving Soldiers during the induction ceremony.

"We are recognizing some of the finest NCOs we have in the corps," Grinston said. "These are the best we have, and I wanted to come and represent them well. They are all welldisciplined, hard-working leaders.²

I Corps Command Sgt. Maj. Michael A. Grinston, middle, congratulates 1st Sgt. Kimberly A. Costello, right, after she was inducted into the



Description Page Three

QUOTE OF THE WEEK

"When I grew up flying F-16s, the pilot's prayer was, 'Please God, let me find my target and not let my buddies down.' It's changed. In precision warfare and the information age, it's 'Please God, let me hit the right target, and not let my buddies down.' Because I am going to hit what I aim at, with 98 percent accuracy."

Gen. David L. Goldfein Air Force Chief of Staff



OLD RIVALS: Navy defeated Army 28-0 during the 17th annual Puget Sound Army vs. Navy Flag Football Classic Nov. 18. **See story, 1B**

NWGUARDIAN.COM

• 58th presidential inauguration: More than 6,000 service members are part of a military task force preparing for the 58th presidential inauguration, which will take place in Washington, D.C., Jan 20. The Army is the lead service on the task force, which plans and carries out the military portion of the inaugural. This tradition goes back to 1789, when the Army, the militia, and Revolutionary War veterans escorted President-elect George Washington into Federal Hall in New York City, Becker noted, speaking at a media roundtable here. Thursday,

• AMC civic leaders: Air Mobility Command hosted 25 civic leaders from around the command Nov. 15 to 17 for an immersion into AMC's mission at Pope Army Airfield, N.C., and to



provide insight into its prominent role enabling joint mission effects globally. During the event, 43rd Air Mobility Operations Group Airmen demonstrated how they provide airlift support for rapid deployment of forces assigned to the Joint Special Operations Command, the XVIII Airborne Corps and 82nd Airborne Division despite having no actual aircraft assigned to the base.

555TH ENGINEER BRIGADE

Seven return home from Romania

BY RUTH KINGSLAND Northwest Guardian

After 24 hours of travel time, seven firefighters from the 555th Engineer Brigade were glad to arrive home to Joint Base Lewis-McChord Nov. 18 after a ninemonth deployment to Romania with Operation Atlantic Resolve and European Reassurance.

The firefighters were welcomed home with a redeployment ceremony at the 864th Engineer Battalion's Headquarters on Lewis North.

"With the holidays coming up, it's a great time to welcome our family back," said Capt. Jared Stefani, company commander of Headquarters and Headquarters Company, 555th Engr. Bde.

Colonel Larry F. Dillard Jr., 555th Engr. Bde. commander, also spoke at the ceremony, commending the firefighters on their service and the expected challenges reintegrating into

day-to-day life on base.

"We're here to support you; we thank you for what you've done," he said. "It's awesome to have (the firefighters) back here. What a great way to celebrate the holidays, with our only unit deployed back home."

While deployed, the 555th Engr. Bde. firefighters worked together with 300 Soldiers, 600 Marines and two Black Hawk companies as part of the Black Seas Area Support Team. In Romania, the JBLM service members helped with fire inspections and made sure Romanian barracks and other facilities were fire safe, according to Spc. Caroline Dondi, the only woman on the JBLM group.

"They learned a few techniques from us, and we learned a few things from them," she said.

This was the first deployment for Dondi, who joined the Army



RUTH KINGSLAND Northwest Guardian

in Los Angeles in 2011. She's originally from the Philippines. Helping train Romanian firefighters as an acting crew chief was a bit of a challenge for Dondi and other American Soldiers, due to language barriers, she said.

Dondi said the locals mostly spoke Romanian — an Eastern European Romance language derived from Latin. Over the course of the deployment, service members picked up basic words and phrases, she said, Firefighters from 555th Engineer Brigade participate in a redeployment ceremony at the 864th Engineer Battalion Headquarters on Lewis North Nov. 18.

including, "bonum diem," meaning good day and "mane bonum," good morning.

"We had to know those greetings when we went to chow," Dondi said.

Food in Romania wasn't all that different from American and Spanish food. There was an abundance of seafood, since the area borders the Black Sea, and many foods also contained pork, she said. The team also had opportunities to travel while deployed, which was enjoyable because "Romania is full of rich culture and history," Dondi said.

Some of the Soldiers had a chance to visit Dracula's castle in Transylvania. There also were beautiful beaches nearby, she said. Dondi said she was glad to be home and looking forward to spending Thanksgiving with her husband in University Place.

Although fellow-firefighter, Staff Sgt. Ray Fulmer also was glad to be back at the installation, he said he planned to spend Thanksgiving with other service members before joining his wife and the couple's four children in South Carolina next month. Fulmer said he was glad to return home from Romania before winter weather took hold there.

"In the summer, the weather was in the 80s and 90s, but the last week was getting really cold," he said. "We got out at a good time."

57TH WEAPONS SQUADRON

C-17 Weapons Instructor Course relocates

BY STAFF SGT. STEPHENIE WADE Air Mobility Command

Moving the 57th Weapons Squadron and the C-17 Weapons Instructor Course from Joint Base McGuire-Dix-Lakehurst, N.J., to Joint Base Lewis-McChord will allow the Air Force to repurpose flight hours, increase aircraft maintenance capabilities and enhance training effectiveness.

The move also aligns with one of Secretary of the Air Force Deborah Lee James' priorities making every dollar count.

The weapons course is managed and facilitated by the 57th Weapons Squadron at JBMDL. Two, five-month classes are conducted yearly, producing 12 active-duty and reserve component weapons officers.

However, the squadron has no dedicated aircraft assigned and each class requires three to four C-17s at a time to conduct training sorties. This results in additional AMC aircraft and mainte-



nance.

AIRMAN 1ST CLASS KEVIN TANENBAUM U.S. Air Force Photo

nance Airmen being temporarily us assigned to JBMDL 335 days a N year. C

"The move will allow AMC to repurpose up to 495 flight hours, return up to 3,500 man-days of capability back to the 62nd Maintenance Group and reduce TDY days, allowing more flexible use of C-17 aircraft," said Lt. Col. Nathan Hagerman, Air Mobility Command Combat Operations division deputy chief.

JBLM has supported the course at JBMDL for a number of years by providing aircraft and mainte-

"McChord was chosen be-

watches as a C-17 Globemaster III lands on an airstrip in the Nevada Test and Training Range during a joint forcible entry exercise in 2016. The exercise is a capstone event for students nearing completion of the C-17 Weapons Instructor Course.

A combat controller

will provide a variety of learning tools, security upgrades and will cost approximately \$800,000.

"Weapons officers must be prepared to plan, brief, debrief and execute in any environment," Hagerman said. "The classroom will be prepared to upgrade to future technologies based on the needs of the students and individual lessons."

The first C-17 WIC training course at JBLM is expected to start in July.

The 57th WPS was activated in 2003. At the time, the three mobility weapons squadrons reported to the Mobility Weapons School. AMC initially intended to co-locate all three mobility schools at JBMDL where the Mobility Weapons School and Mobility Warfare Center, which later became the USAF Expeditionary Center, were headquartered.

In 2006, all WICs were realigned under Air Combat Command and the U.S. Air Force Warfare Center.

POWDER RIVER TRAINING COMPLEX

Combat Raider exercise keeps joint-force proficient

BY AIRMAN 1ST CLASS RANDAHL J. JENSON 28th Bomb Wing Public Affairs

A young pilot dangles dangerously far from the grassy South Dakota tundra, held on by nothing more than a strap, a cable and a medic from the South Dakota National Guard.

As the Soldier and Airmen are hoisted up toward the HH-60 Pave Hawk medical helicopter, fake blood runs down the captain's face.

Personnel recovery is a pilot's nightmare, but for Capt. Scott Richards, a B-1 pilot assigned to the 34th Bomb Squadron, Ellsworth Air Force Base, S.D., it is a reality.

Fortunately for him, this is just an exercise.

The exercise began Nov. 15, as 37 aircraft filled the skies over Montana, Wyoming, North Dakota and South Dakota — marking the start of the fourth, largeforce exercise in the Powder River Training Complex at Ellsworth.

Just over a full year after the airspace opened, these exercises have nearly quadrupled in size. The latest iteration, Combat

Raider 17-01, was hosted Nov. 15 to 17 in the Powder River Training Complex, testing several agencies cohesion and coordination.

The exercise was broken down into five main objectives: counter-air, strategic strikes, strike coordination and reconnaissance, close air support and personnel recovery.

"Exercises like Combat Raider serve many purposes," said Maj. Christopher Winklepleck, 8th Air Force deputy director of plans and policy. "It demonstrates the capability and reach of our aircraft, it keeps aircrews and supporting units proficient and constantly tests our interoperability in an ever-changing battlefield environment." Bomber, fighter jets, tankers and ground forces all played part in the three-day, night-time exercise.

"Combat Raider displays the capability of a bomber wing to bring together multiple Combat Air Force platforms and integrate at the squadron level in a locally owned and managed airspace," Winklepleck said.

Along with several Air Force squadrons from across the United States, teams from Canada, Great Britain and the South Dakota National Guard joined the training event.

"The intent was to integrate lots of different platforms," said Capt. Devin Ivy, the officer in charge of the exercise and assigned to the 28th Operations Support Squadron.

Tactical Air-Control-Party members, Survival Evasion Resistance and Escape specialists and KC-10 Extender aerial refueling crews lent their skills to help accomplish multiple objectives.

cause the base already has air-

drop training capability in place

and a sufficient quantity of C-17

aircraft and simulators," Hager-

The relocation plan will re-

quire the renovation of an exist-

schoolhouse. The new classroom

ing operational building into a

man said.

"Our purpose is to coordinate air support in order to allow friendly forces to recover downed pilots," said Staff Sgt. Edward Breen, a TACP Airmen assigned to the 5th Air Support Operations Squadron at Joint-Base Lewis-McChord. "We are the link between air and ground."

These Special Forces Airmen controlled the airspace around the Powder River Training Complex, calling in simulated air strikes and coordinating a showof-force with a B-1 crew.

"Exercises like this are important because it gives us exposure to tasks that we're not training to on a regular basis," Breen said. "It gives us exposure to different assets like bombers. We don't usually work with them that often so when we do, it gives our guys more experience."

Successfully learning from and

completing each objective, the exercise proved the effectiveness of the U.S. military and their ability to work together to accomplish large-scale operations.

"The units were able to work very well given the constraints of them being dislocated," Ivy said, who was with the exercise since its beginning six months prior to execution. "This is always going to be a challenge we're going to have to overcome."

Despite being geographically separated, every unit performed their part seamlessly. According to Ivy, the complete review and analysis of the exercise is underway and should be completed early December.

"We realized what potential we have here at Ellsworth (Air Force Base) with all of its support agencies, the operating squadrons and the airspace," Ivy said. "In the end, I think there were some great lessons learned — it was a raving success."

NORTHWEST GUARDIAN **Viewpoint**



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VIEW FROM THE TOP



MASTER SGT. SCOTT STURKOL U.S. Air Force Photo / 201

RODEO "cowgirls" carry the U.S. flag and those of international competitors during Air Mobility Rodeo 2011 at Joint Base Lewis-McChord. AMC is doing away with the western-themed event for 2017, calling it Exercise Mobility Guardian.

AMC converts RODEO to execute joint operations

BY LT. COL. DAN DEYOUNG JBLM Director for Exercise Mobility Guardian

or many years, Air Mobility Command was proud to host the AMC RODEO - an international competition meant to showcase our collective Mobility Air Force skill sets in an atmosphere of friendly rivalry and esprit de corps.

RODEO was always a popular event and did well to further build relationships and international partnerships while motivating units to hone their skills and bring back honors. For a variety of reasons, however, AMC has decided to discontinue the old RODEO construct, and in 2017, will unveil its replacement - Exercise Mobility Guardian, to be held at Joint Base Lewis-McChord in August

many ways need them least.

Mobility Guardian will be AMC's premier exercise, providing an opportunity to "train like we fight" alongside our joint and international partners. With mission readiness as the ultimate training objective, the exercise is being designed to sharpen our skills in support of Combatant Commander requirements.

The training scenario will include joint forcible entry and airfield seizure, a joint mission between Air Force airdrop crews and Army Airborne units which will take place at locations across the state. It will incorporate contingency response and humanitarian relief operations to include aeromedical evacuation efforts

It will require air refueling, night vision and low-level operations, assault zone landings, airdrop and

while simultaneously providing a training opportunity to improve our ability to plan, command and control, communicate and execute the mission. Mobility Guardian will more than quadruple the number of missions flown in typical past RO-DEOs, increasing both the quantity and quality of training.

Mobility Guardian, like the RO-DEO of past, will help build partnerships. To date, we have 25 international countries who will attend, 13 of which will participate with forces of their own.

Mobility Guardian, like RODEO, will promote esprit de corps as teams work together toward common goals in a challenging environment, planning and executing realistic mobility operations that closely model real-world possibil-

STRAIGHT TALK

To join the "Straight Talk" conversation, visit facebook.com/JBLewisMcChord



What or who are you most grateful for this Thanksgiving holiday?

"I am grateful for modern technology so that I can keep in contact with my son while he is deployed."

- WENDY HEAD-CHAPMAN

"The modern wheel — making life roll on." - JUSTIN WETZEL

"I'm grateful that I will have boots in the house in two days. My son, Steven, gets to share Thanksgiving with his family."

- NICKI HARPER Sunday, 5 p.m. — Lewis Main Chapel Weekdays, noon — Lewis North

"I am grateful for our Lord and Savior."

- CHRIS NUGENT

"I'm grateful for Operation Homefront sending us home so our families can meet our baby boy!"

- SAVANNAH GERBEN

"I'm grateful for my husband being home this year and being able to share the holiday with family members."

"My DD-214!"

"My wife."

Next week's question

What do you do to slow down and enjoy the holidays?

Whereas RODEO incentivized units to take their best performers from across the Air Force Specialty Code spectrum - operators, maintainers, medical and support Airmen — and give them extra "top-off" training to prepare for the competition, Mobility Guardian participants will, by design, be the "average" Airman, who will be tested to employ his or her skills to accomplish the mission laid out in the exercise scenario.

Training time and dollars will therefore be spent developing the broader force instead of focusing those resources on Airmen who in

CHAPEL SERVICES

Saturday, 4:30 p.m. — Madigan

Saturday, 5 p.m. — McChord Chapel No. 2 (reconciliation at 4 p.m.) Sunday, 9 a.m. — Lewis Main Chapel

Sunday, 9 a.m. — Madigan Chapel

Sunday, 10 a.m. — McChord Chapel

Sunday, noon — Lewis Main Chapel

Weekdays, 11:45 a.m. — Madigan

1st Friday, noon — McChord Chapel

8:30 a.m. — Traditional — McChord

10 a.m. — Contemporary — Four

10:30 a.m. — Collective — Lewis

10:30 a.m. — Collective — Madigan

10:30 a.m. — Contemporary — Ever-

Chaplains Memorial Chapel

Chapel; call 253-968-1125

PROTESTANT SUNDAY 9 a.m. — Liturgical — Soldiers'

CATHOLIC MASSES

Chapel

No. 2

Chapel

No. 2

Chapel

Chapel No. 1

Main Chapel

green Chapel

Chapel

Chapel

formation flying and coalition interoperations, concurrently executed under multiple lines of command and control. Combat air forces will participate as well to provide a realistic semicontested environment, requiring planners and crews to flex their tactics training and coordinate with other friendly assets to locate and avoid enemy threats.

In short, the breadth and scope of Mobility Guardian are large and enable realistic and dynamic training for all participating forces.

This design gives AMC an excellent venue to evaluate how well our training has prepared members,

JBLM SNAPSHOT

Finally, Mobility Guardian is already shaping up to be a popular event — interest levels are very high and the number of participants is impressive for this first-of-its-kind event. Forty U.S. aircraft will be joined by 20 aircraft from our international partners, along with roughly 3.000 Airmen, Soldiers, Marine and Naval aviators who will participate in the exercise.

The coming months will be busy, but well worth the effort as Joint Base Lewis-McChord Airmen and Soldiers prepare to support the next evolution of AMC's showcase Mobility Air Force event.



SENIOR AIRMAN DIVINE COX 62nd Airlift Wing Public Affairs

Dr. Bill MacNulty, U.S. Public Health Services health promotion psychologist, speaks with Team McChord Airmen during Wingman Day at McChord Field Nov. 18. MacNulty spoke about "mindfulness base stress reduction" and coping with stress of balancing the mission and normal day-to-day life.

THIS WEEK IN HISTORY

Nov. 25, 1963: Kennedy laid to rest at Arlington.

Nov. 26, 1922: Archaeologists enter tomb of King Tut.

Nov. 27, 1095: Pope Urban II orders first Crusade.

Nov. 28, 1520: Magellan reaches the Pacific.

Nov. 29, 1942: Coffee rationing begins.

Nov. 30, 1874: Winston Churchill born.

Dec. 1, 1990: Chunnel makes breakthrough.

11 a.m. — Contemporary — McChord Chapel Support Center 11 a.m. —Gospel — Lewis North

DIVERSE WORSHIP – MIJIKAI MASON

Jewish Friday, 7 p.m. — Lewis Main Chapel Islamic Friday, 12:30 p.m. — Evergreen Chapel, 253-968-1125 **Buddhist** Friday, 6 p.m. — Soldiers' Chapel, 253-966-5959 Pagan/Wiccan Wednesday, 7 p.m. — Building 6230, Lewis Main, 907-952-4156

- PAMELA KULOKAS

- KYLE MCBRIDE







Conference Center



YAKIMA TRAINING CENTER

5-3 FA passes certification testing in Yakima

BY SGT. JORGE HIGUERA 17th Field Artillery Brigade Public Affairs

YAKIMA TRAINING CEN-TER — Soldiers and leaders in the 5th Battalion, 3rd Field Artillery Regiment, 17th Field Artillery Brigade took part in a battalion-level deployment certification exercise Nov. 9 to 15.

Over the course of the exercise, 5-3 FA used an Objective-T standard to measure their performance as they completed scenarios designed to test their ability to complete missions they are likely to encounter on their upcoming deployment.

"As the operations officer, I wanted to ensure our battalion met all requirements in our mission essential task list and be able to successfully conduct responsive accurate fires," said Maj. Timothy Green, the operations officer of 5-3 FA.

The battalion, a High Mobility Artillery Rocket Systems unit, is focused on providing fire support to units on the ground, but will also have a dynamic support mission while deployed. The unit's forward support company will conduct an important logistics mission and is training to deliver support to the batteries in what can often be remote locations.

"While conducting the certification for our upcoming deployment in support of Operation Spartan Shield and U.S. Army Central, we accomplished what we set out to do, while also seeing where we need to improve and better ourselves," Green said.

The battalion was challenged during the entire week by Soldiers from 1st Battalion, 94th Field Artillery Regiment, 17th FA Bde. who filled the roles of the opposing force and observer controllers. The exercise made use of the 1-94 FA Soldiers as a free-thinking opposing force, constantly looking to present tactical dilemmas to their counterparts in 5-3 FA.

["]Up to this point, we've largely done this in snapshots and components," Green said. "We



SGT. JORGE HIGUERA 17th Field Artillery Brigade Public Affairs

A platoon of High Mobility Artillery Rocket Systems from Alpha Battery, 5th Battalion, 3rd Field Artillery Regiment, 17th Field Artillery Brigade fire as part of the platoon's table 15 qualification at Yakima Training Center Nov. 14.



A gunner from 5-3 FA, 17th Field Artillery Brigade rides in a HIMARS vehicle at Yakima Training Center Nov. 12.

haven't done this with this level of a contested operating environment making use of the concept of a hybrid threat. It challenged us to coordinate amongst the staff, fine tune our battalion systems and make sure there was continuous information flow from the batteries. Reacting to a dynamic and thinking enemy definitely presented a considerable challenge, but the Soldiers did a fantastic job."

Green said the continuous nature of the exercise and the active enemy really helped prepare the Soldiers for situations they could face while deployed.

"We were assessing the battalion's ability to proficiently conduct their (mission essential task list), we not only look at the fires aspect but the overall mission readiness of the battalion," said Lt. Col. Frank Buchheit, the commander of the 1-94 FA. "We created events that set up the right kind of environment to test and ensure the battalions abilities."

Field artillery battalions are not solely focused on conducting fire missions, there are many task that encompass the mission they face in a forward operating environment.

"In order to fully comprehend the field artillery mission you need to understand many aspects of military operations. From how to get to the field, conduct troop leading procedures, sustain your personnel, and where the fire missions come from to name a few," Buchheit said. "Understanding all the tasks outlined in the unit's (mission essential task list) and Objective T standards determine how successful a battalion will be in accomplishing its mission."

The Soldiers of 5-3 FA demonstrated their ability to meet the demands of the mission during a series of day and night live-fire exercises using the HIMARS. Missiles from the rocket system targeted simulated enemy firing positions kilometers away and the unit had to perform to exacting standards in order to obtain their certification.

"I believe that what we put on 5-3 FA is much more difficult than anything they will face in their upcoming deployment," Buchheit said. "They need to fine tune small things within their formation but as an (observer controller), I believe they are more than prepared"





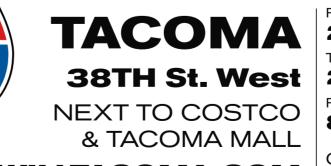


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FOLDS of HONOR

1ST BATTALION, 37TH FIELD ARTILLERY REGIMENT

Soldiers run, remember CSM

BY SGT. ELIVERTO LARIOS 5th Mobile Public Affairs Detachment

They ran 2,250 miles. They ran for weeks, and they ran to remember. They ran to honor a special person to their battalion - to memorialize a person who served a life-long career to his country's military.

Soldiers with the 1st Battalion, 37th Field Artillery Regiment, 2nd Infantry Division Artillery, recognized retired Command Sgt. Maj. James "Jim" Steinthal with a two-week run-a-thon to remember their deceased comrade.

"We were the color guard for his funeral, but we didn't want to leave it at just that," said Lt. Col. John D. Williams, commander of 1-37 FA.

Williams said they originally planned to just run for one day, but due to training events, not everyone could be involved, so they extended the timeline.

"I wanted everyone to be involved and be a part of this," he said. "So we made it a twoweek event."

Throughout the two weeks, Soldiers from the different batteries would voluntarily run laps around Rose Field on Joint Base Lewis-McChord, keeping a count of how many they did. Some Soldiers would run on their own time, while others would conduct their morning training running laps. One Soldier even ran 20 miles on the last morning of the event.

Staff Sergeant Lucas Greenfield found it to be a perfect opportunity to take his son out on a run and teach him about the unit history.

"It builds cohesion, and it builds the team," said Command Sgt. Maj. Donald Harding, senior enlisted adviser in the 1-37 FA. "But more importantly, it shows Soldiers that no one's ever forgotten."





Steinthal served with the 1-37 FA during the Korean War. He participated in some of the major battles of the war, to include the Battle of Chipyonni. After retiring in 1970, he settled down near JBLM, where he continued to be involved with the military.

In 2013, the battalion decided to honor him by naming him the regimental command sergeant major, and just this last April, they renamed the battalion conference room in his name.

Steinthal passed away in August, and members of the battalion served as pallbearers and honor guard at his funeral.

'He was passionate, and he was very involved with the unit," Williams said. "He would share his stories of his days

ABOVE: 2nd Lt. Jenna Andry, 1st Battalion, 37th Field Artillery Regiment, 2nd Infantry Division Artillery, runs a lap in remembrance of retired Command Sgt. Maj. James Steinthal on Rose Field, Joint Base Lewis-McChord Nov. 18.

LEFT: Lt. Col. John D. Williams, second from left, commander of the 1-37 FA, and his senior enlisted adviser, Command Sgt. Maj. Donald Harding, left, present a shirt in remembrance of James Steinthal, to Fran Steinthal, right, and her son, Mike.

during the Korean War."

Steinthal attended events that honored Soldiers killed in action. He attended the annual remembrance of those who fought in the Battle of Chipyonni, a battle known as the Gettysburg of the Korean War. Last year, he was guest speaker for the ceremony.

"He was very proud to be able to come talk about it with the

"A lot of the young Soldiers will see the campaign streamers on the battalion guidon but won't understand to the full effect of what they mean. So to bring in somebody who had lived through that era and is able to talk to the young Soldiers and give them his experience is important for them to understand the battalion's history."

9A

Command Sgt. Maj. **Donald Harding** 1st Battalion, 37th Field Artillery Regiment, senior enlisted adviser

young Soldiers," Williams said.

History is an important part of our military tradition, and it sets a foundation for the things we do today, Harding said. It is important for someone who lived through those events, to come out and share his stories with the Soldiers of today.

"A lot of the young Soldiers will see the campaign streamers on the battalion guidon but won't understand to the full effect of what they mean," Harding said. "So to bring in somebody who had lived through that era and is able to talk to the young Soldiers and give them his experience is important for them to understand the battalion's history."

The run-a-thon was also a way for the battalion to show to Steinthal's wife, Fran, and their two sons, they will always be a part of the battalion.

"We want to show Fran that we have our unit in support of her family and show them that they are not forgotten," Harding said.

CHIEF MASTER SGT. OF THE AIR FORCE

New CMSAF set to take over in February

By Secretary of the Air Force **Public Affairs**

WASHINGTON, D.C. – Air Force Chief of Staff Gen. David L. Goldfein named Chief Master Sgt. Kaleth O. Wright Nov. 16 to serve as the 18th Chief Master Sergeant of the Air Force.

Wright will assume his new position in February, following the retirement of Chief Master Sgt. of the Air Force James A. Cody. Cody's retirement culminates more than 32 years of service to the Air Force.

"Chief Wright is absolutely the right choice as chief master sergeant of the Air Force #18 for our Air Force," Goldfein said. "He has experience in squadrons and major commands and in the deployed environment. He served in key leadership positions all along the way, leading our Airmen in almost every region of the world. I am positive he and Tonya will continue to serve tirelessly for our enlisted force as advocates for our Airmen

"He has experience in squadrons and major commands and in the deployed environment. He served in key leadership positions all along the way, leading our Airmen in almost every region of the world."

Gen. David L. Goldfein Air Force chief of staff

and families. Dawn and I are excited to have them join our team.'

Secretary of the Air Force Deborah Lee James echoed Goldfein's words and reflected on Cody's time as Chief Master Sergeant of the Air Force.

"It was an absolute honor to serve with Chief Cody and Athena," James said. "They have shown a remarkable commitment and dedication to taking care of Airmen and their families. Chief Cody's steadfast leadership in continuing to



STAFF SGT. ALYSSA GIBSON U.S. Air Force Photo

Chief Master Sgt. Kaleth O. Wright, right, speaks after being named the CMSAF as Air Force Secretary Deborah Lee James looks on Nov. 16.

develop the enlisted force and fighting for our Airmen has been unrivaled. Over the past four years, he has made monumental changes which will continue to positively impact

our enlisted force for years to come. I wish him and Athena the best as they begin the next chapter of their lives.'

Wright joined the Air Force in 1989, and is currently the

command chief master sergeant for U.S. Air Forces in Europe and U.S. Air Forces Africa, headquartered at Ramstein Air Base, Germany.

His career includes various assignments in the dental career field and as the command chief master sergeant, 22nd Air Refueling Wing, McConnell Air Force Base, Kansas; 9th Air and Space Expeditionary Task Force-Afghanistan, Kabul; and 3rd Air Force and 17th Air Expeditionary Air Force, Ramstein AB.

The office of the chief master sergeant of the Air Force represents the highest enlisted level of leadership, provides direction for the enlisted corps and represents their interests to the American public and all levels of government.

The CMSAF serves as a personal adviser to the Air Force chief of staff and Secretary of the Air Force on all issues regarding the welfare, readiness, morale, proper utilization and progress of the enlisted force and their families.

JBLM VOLUNTEER OF THE MONTH

Local business owner, vet recognized for her efforts

her store.

right, is pictured at

her boutique at the

Prosser makes and

sells the metal art at

Olympia Capitol Mall.

BY RUTH KINGSLAND Northwest Guardian

Opening your own business and being a single mom seems like plenty of work to keep a 34-year-old busy. Add volunteering as a soccer and basketball coach for the South Sound YMCA and taking on leadership roles with Association of the United States Army's Captain Meriwether Lewis Chapter and its Lacey chapter as well, and that describes Stephanie Prosser – Joint Base Lewis-McChord's November volunteer of the month.

Each month, JBLM recognizes one exceptional volunteer from the many volunteer organizations on or related to Joint Base Lewis-McChord. Prosser is a dynamo in just about anything she takes on, and that applies to business, being a mom and a variety of volunteer positions.

"I love volunteering," she said, adding her work with



RUTH KINGSLAND Northwest Guardian

AUSA has enabled her to meet and make many new friends. "AUSA is like a family. Everybody is extremely passionate about what they do for Soldiers," she said.

Prosser, a Lakewood resident, opened her own business Local Creations in Olympia's Capitol Mall – about a year ago. There, she sells a variety of crafts from local artisans, including her own metal art.

"I love to network and think outside the box and support other small businesses," she said.

Prosser also is mom to 7-

year-old daughter, Charli, who takes part in sports activities at the YMCA – hence Prosser's volunteer coaching. She was born in Cincinnati, Ohio, and lived in Florida and several other states, but moved to Cashiers, N.C., while in the sixth grade and considers that her home, she said. Prosser entered the U.S. Army when she was 20 years old; she grew up in small towns and wanted to see the world, she said.

"I was going to a community college, Southwestern Community College, and working three jobs, so the GI Bill also was an incentive," she said.

After less than two years at Fort Bliss in Texas, she deployed to Iraq as a communications specialist with the military police. Prosser transitioned out of the military from **JBLM in 2009.**

Prosser went back to college and graduated from St. Martin's University in 2013 with a

bachelor's degree in business and a minor in marketing.

Prior to opening her Olympia business, Prosser had a construction business and bought and flipped real estate. As a hobby, she started making metal art including various animal and sports team creations. A large Seattle skyline piece, she said, is her favorite creation. Her west Olympia shop includes consignment pieces from 55 crafters and artisans.

Kelly Colter, AUSA Captain Meriwether Lewis Chapter treasurer, has known Prosser for about a year and currently works part time in Prosser's store.

"Stephanie is endlessly giving and gives back in so many ways to our community," Colter said. "She's an amazing human and an amazing woman. I have the utmost respect for Stephanie and all she does for our community and the military.'

IN Health Beat

MADIGAN SHOUT OUT

More than 270 Madigan staff members learned more about a holistic health model for themselves and their patients thanks to a Move to Health course taught by Primary Care Service Line and U.S. Army Medical Command instructors. Nurses, social workers and Army Medical Home care teams benefited with improved health behaviors, weight loss and improved work-life balance. They also shared the tools with patients to better care for them holistically, developed innovations to include long- and short-term forms of the personal health inventory and hosted a pilot program with the commis-



sary to allow limited providers to prescribe fruits and vegetables. Colonel John O'Brien, chief of the Primary Care Service Line, accepted a MEDCOM System for Health award for the Move to Health program on behalf of his department from Col. Michael Place, Madigan commander, in Letterman Auditorium recently. GENERAL SERVICES Emergency: 911 Nurse Advice Line: 1-800-874-2273, option 1

MADIGAN ARMY MEDICAL CENTER

Madigan directory: 253-968-1110

Tricare Regional Appointment Center (TRAC): 800-404-4506 Tricare On-Line: tricareonline.

com United Health Care: uhcmilitarywest.com, 877-988-9378

Pharmacy Refill: 253-968-2999 Tricare Express-Script pharmacy service: 877-363-1433 or www.express-scripts.com

Referral Coordination Center Hotline: 253-968-2903 Patient Admissions: 253-968-3827/3829

Patient Advocacy: 253-968-1145 Beneficiary Counseling Assistance Coordinator: 253-968-3348/3491

BEHAVIORAL HEALTH SERVICES

Behavioral Health Services: 253-968-2700 Soldier Readiness Service:

253-968-5140 Child and Family Behavioral

Health: 253-968-4843 Military One Source: 800-342-9647

National Suicide Prevention

Life Line: 800-273-8255 (Option 1) Exceptional Family Member Program: 253-968-0254/1370 Armed Forces Blood Bank Center: 253-968-1850 Fisher House: 253-64-9283 Public Affairs Office: 253-968-1901

Veterinary Treatment Facility: 253-982-3951

Madigan Directory Assistance: 253-68-1110

Madigan Army Medical Center website: mamc.amedd.army.mil

Email: usarmy.jblm.medcommamc.mbx.pao@mail.mil

Fisher House: 253-964-9283

WARRIOR TRANSITION BATTALION

WTB thanks community members

JBLM WTB, SFAC hosts open house event

BY SUZANNE OVEL Madigan Public Affairs

From scuba diving to adaptive skiing, and from career assistance to financial donations, community organizations are an integral part to supporting the recovery of Soldiers at the Warrior Transition Battalion.

On Nov. 16, the WTB joined with the Soldier and Family Assistance Center to open their doors to community supporters in an open house as a part of the Army's Warrior Care Month.

The WTB cares for and helps transition Soldiers who are ill, injured or wounded either back to regular service or into civilian life. Since the unit began in 2007, about 60 percent of its 5,000 Soldiers transitioned to civilians.

"When they're in the Army, when they're in the military, it's a given that they're going to get our support," said Lt. Col. Terrell Morrow, WTB commander. "But I think it's something special when they see that the pul lic, the community, is supporting them as well. That is very, very important and a critical piece to our success.' The event thanked WTB and Soldier and Family Assistance Center community supporters, allowed them to network with other community organizations and gave them the chance to mingle with staff and Soldiers. Else Wingert, the Soldier and Family Assistance Center director, pointed out that her staff helps not only WTB Soldiers but any of the about 800 service members who are going through the Integrated Disability Evaluation System at Joint Base Lewis-McChord. "It's a very trying time for any service member, as you could imagine, because they might have had this expectation that they were going to be a Soldier for life, and they might only be 10 years in (when they medically discharge)," Wingert said.



Ed Bronsdon, right, the executive director for Outdoors for All, chats with Warrior Transition **Battalion social** worker Gary Ouellette about the unit's music therapy program at the Soldier and Family Assistant Center's open house Nov. 16.

"It opens that contact with them, so they're able to go out and they know there are opportunities more than just here, so it opens up a great big kind of resource for them when they do transition out. Each Soldier who comes in here is facing this new challenge that they may have never faced before. (Community organizations) show them that there is life outside of here and these opportunities are still present."

Else Wingert

Soldier and Family Assistance Center director

Other community supporters are veterans themselves who want to contribute to the service members of today. Jerry Fugich is a retired Navy chief warrant officer who serves as the Veterans of Foreign Wars Post District No. 14's liaison to Madigan Army Medical Center. His p in Yelm and a local restaurant put on an annual car show to donate money to Soldiers in Transition. Last year, they raised nearly \$10,000. "It's all about helping the Soldiers out here," Fugich said. "I want to make sure that they get what they deserve, because we are extremely proud of the job our service (members) are doing now and are blown away by the things they do every day. They deserve our recognition.' Whether it's donations, adaptive sports or supporting with family events, community groups can be found supporting many different facets of the WTB and Soldier and Family Assistance Center missions. "We wouldn't be able to do it without them; without them coming in and giving support, nothing would happen," said Doug Duval, the WTB's family readiness support assistant. "We can't do it alone."

MADIGAN PUBLIC AFFAIRS Suzanne Ovel

While her team helps service members re-evaluate their career aspirations and their educational needs as they move forward, they also get help from partner organizations such as the Washington State Veterans Affairs and the American Legion.

Community organizations contribute as well to the WTB's recreation therapy mission by providing activities such as equine therapy through Rainier Therapeutic Riding, glass blowing through the Museum of Glass and adaptive skiing and cycling through Outdoors for All.

While the WTB offers on-site adaptive sports such as yoga

and aquatics to meet the physical, social, recreational, emotional and health and wellness needs of Soldiers, participating in community activities helps some Soldiers make better transitions to their hometowns, according to Alicia Lyons, recreational therapist.

"It opens that contact with them, so they're able to go out and they know there are opportunities more than just here. So, it opens up a great big kind of resource for them when they do transition out," she said. "Each Soldier who comes in here is facing this new challenge that they may have never faced before. (Community organizations) show them that there is life outside of here and these opportunities are still present."

Other community members show their support by giving Soldiers a piece of home while they're at the WTB. Ione Whitney joined the American Hero Quilts in 2007; while she has no idea how many quilts she made, she does know they end up in the hands of service members downrange or at warrior transition units.

She quilts for service members because "when you read the stories of the recipients of the quilts, how can you not?" she said. "It doesn't just touch the person who receives it; it touches so many lives that are all around the quilt."

Madigan rated high for inpatient experience

Madigan noted for improved inpatient efforts

BY SUZANNE OVEL Madigan Public Affairs

Madigan staff received accolades for their efforts to improve the inpatient experience at a ceremony Nov. 18 at Letterman Auditorium at Madigan Medical Center.

Lieutenant General Stephen R. Lanza, I Corps commanding general, thanked a cross-section of clinical and administrative staff for their commitment to integrate patients' feedback into real changes, which resulted in five consecutive quarters of improvement as shown through the TRICARE Inpatient Satisfaction Survey.

Lanza also recognized Staff Sgt. David Nagle, Madigan's simulation training center noncommissioned officer in charge, for competing at the U.S. Medical Command level's Best Medic competition. The general said Nagle is "indicative of the caliber of noncommissioned officers that we have in the hospital."

The caliber of the hospital at large is shown in the way that staff throughout Madigan Army Medical Center partner and share with each other.

"The greatness of this hospital is how this team works together," Lanza said.

In fact, Madigan is one of the top five performing hospitals in the Army and is above the national average with inpatient satisfaction, as seen through Tricare Inpatient Satisfaction Survey scores.

"(TRICARE Inpatient Satisfaction Survey) will tell us what we're doing right and where we can do better," said Col. Tracy Baker, Madigan's deputy commander for inpatient services. "(It gives us) the voice of the patient telling us what's important to them and where we can make their stay, their care, the care of their loved ones better."



SUZANNE OVEL Madigan Public Affairs

To tackle improving the inpatient experience, staff formed a multidisciplinary working group to implement Inpatient satisfaction ratings improved for five consecutive quarters at Madigan Army Medical Center, thanks to the combined efforts of a multidisciplinary team to improve care and services.

rooms for new moms, keep inpatient floors quieter at night, upgrade food services and provide clearer patient education.

Patient feedback provided the direction for these efforts.

"That's why it's so invaluable when they fill out the survey to begin with and if they have any verbatim comments that give us further insight into areas we can improve on," Baker said.

Although Madigan Army Medical Center has continuously improved for more than a year, the staff is not going to rest now.

"Our aim is to be not only the best in MEDCOM but one of the best hospitals in the nation, and we won't stop until we are," Baker said.

Multidisciplinary team members recognized by Lanza include Lt. Col. Tanya Foster, Maj. Brian O'Reilly, Maj. Kristine Lynn Hannah, Maj. Anthony Pansoy, Dr. Katelynn Blume, Dr. Michael Braun, Janice Daniels, Carole Lail and Jeremy O'Bryan.

hourly rounding, use consistent medical language across team members, conduct patient advocate rounding, provide single

NORTHWEST GUARDIAN

FRIDAY NOVEMBER 25 2016 **Community Ledger**

ATTENTION

Event announcements must be received no later than the Friday before publication. They can be emailed to nwgeditor@ nwguardian.com. Announcements can be viewed online at nwguardian.com. The Northwest Guardian office is in the basement of 1010 Liggett Ave. on Lewis Main. For more information, call 253-477-0182.



SNAPSHOT Taking the field

The U.S. Military Academy recognized the 7th Infantry Division during a recent visit by the Task Force Bayonet command team Saturday at West Point, N.Y. Maj. Gen. Thomas James and Command Sgt. Maj. Jack Love toured historic facilities, took part in a pregame parade and took part in football game activities.

JOHN PELLINO West Point Public Affairs

LET'S HEAR IT

11A

What do you want to know in 2016? The Northwest Guardian, Joint Base Lewis-McChord's command authorized source for installation news and information, wants to hear from you. Go to the JBLM Facebook page to answer the Straight Talk question of the week on Page A4, or submit a 1MB JPEG of your favorite photo of life on JBLM. Got a news tip or know a story you'd like to see in the Guardian? Coordinate with your unit public affairs section, then call 253-477- 0182.

SCHEDULED FAMILY DAYS FOR 2016

The following are the scheduled dates for Army's Day of No Scheduled Activity, Air Force's Family Days and federal holidays on Joint Base Lewis-McChord. Friday — Army DONSA

and Air Force Family Day Dec. 23 — Army DONSA Dec. 26 — Christmas Day

ARMY, AIR FORCE PCS MOVE WORKSHOPS

observed

Joint Base Lewis-McChord's Armed Forces Community Service hosts a First PCS Move workshop every Monday from 3 to 4 p.m. at Waller Hall, 2140 Liggett Ave., Lewis Main, and the second Thursday of each month at the Service Member and Family Readiness Center, 551 Barnes Blvd., McChord Field. For more information, call 253-967-3633 or 253-982-2695. To register, visit jblmafcscheck appointments.com.

LEWIS MAIN TREE LIGHTING RECEPTION

Enjoy Lewis Main's annual tree lighting ceremony Tuesday at 4 p.m. with a free reception at 4:30 p.m. at Family and MWR's Fest Tent. The tree lighting is in front of Jensen Family Health and Fitness C located at 2022 Liggett Ave. The free reception at 2200 Liggett Ave. features fun activities, refreshments, a youth dance performance, holiday music and announcement of the JBLM Treasure Hunt winners. Bring your camera for Santa photos.

p.m. or Dec. 10 at 2 p.m. Tickets are \$5 each and are available Monday-Thursday from 11 a.m. to 12:30 p.m. at SKIESUnlimited. SKIES is located at 6398 Garcia Blvd. at Lewis Main. For more information, call 253-966-3539.

UGLY SWEATER PARTY AT SAM ADAMS

Samuel Adams Brewhouse invites you to its Ugly Sweater party Dec. 9. from 4 p.m. to midnight. Wear your ugliest sweater for prizes, plus enjoy giveaways and live DJ music. Sam Adams is at 2400 Bitar Ave. and Division at Lewis Main. For more details, call 253-964-2012.

CHRISTMAS LIGHTING FEST IN LEAVENWORTH

Want to give someone some holiday magic? Plan now to take a motor coach trip with Leisure Travel Services from Lewis Main to the mountain village of Leavenworth for the Christmas Lighting Festival Dec. 10 and 17. The cost is \$45 per passenger. Trip isn't recommended for children ages 5 and younger due to the long ride and 14-hour day. Call 253-967-3085 for reservations.

NEWCOMERS' ATION/TOUR

child care is available with registration; call 253-966-2977. For more information, call 253-967-3633 or visit jblmafcscheckappointments.com.

JOIN MCCHORD FIELD LIBRARY BOOK CLUB

Do you like to discuss books? Join the McChord Library's Novel Navigators. This adult discussion group meets the second Wednesday of each month at the McChord Library at 4:30 p.m. The next meeting is Dec. 14 to discuss "The Girl with All the Gifts" by M.R. Carey. Registration is required; register in person for the group. Copies will be available at the circulation desk, 851 Lincoln Blvd., ground floor, on McChord Field. For questions or more information, call 253-982-3454.

SMA OF NORTHWEST MONTHLY MEETING

The monthly general membership meeting of the Sergeants Major Association of the Northwest meets at the Joint Base Lewis-McChord Samuel Adams Brewhouse (renovated Cascade Community Center, Bldg. 2400 on South Division Street) on the third Thursday of every month. Social time begins at 4:30 p.m. and offic

Crafts Center. Family or individual photos with Santa taken by Family and Morale, Welfare and Recreation staff will also be made available online. The cost is \$13 for ages 10 and older, \$10 for ages 3 to 9 and \$2 for ages 2 and younger. Advanced purchase is required; call 253-982-5581. Payments can be made by phone. The Club is located at 700 Barnes Blvd.

GIVE TO OPERATION ANGEL TREE

Brighten the holiday season for a McChord Field family in need at Joint Base Lewis-McChord. Now through Dec. 18, the Angel Tree is located between the two entrances at the McChord Field Exchange food court. Remove an angel from the tree, purchase a gift and put it in the box with angel attached. For more information, contact ruan.brits@us.af.mil or dawn.kloos.2@us.af.mil or your first sergeant.

HOST YOUR HOLIDAY PARTY AT THE CLUB

Host your unit or squadron holiday party at The Club at McChord Field. Your group, large or small, can plan fully catered op-– sit-down, buffet and more. For more information or to schedule an appointment, call 253-982-5581. Take a look online at what you'll get for your party at jblmmwr.com/ club/catering.

exchanges. Choose from freshly made fruit, cream, holiday and pumpkin pies. A variety of cookies and assorted cookie platters have all your favorites. Candies, flavored fudge platters, cakes, pound cakes and bread pudding are also available. For the entire selection with prices, visit AmericanLakeConferenceCenter.com or call 966-4998. American Lake Conference Center is located at Lewis North, 8085 NCO Beach Road.

CATCH NFL GAMES AT THE WARRIOR ZONE

Catch all the NFL action at the Warrior Zone. With 53 big screen TVs, there's not a bad seat in the house. During football season the Warrior Zone opens Sundays at 9:30 a.m. with \$5 pancake breakfasts with sausage or bacon. The Warrior Zone is at 11592 17th and D Street at Lewis North. For more information, call 253-477-5756.

CLUB MEMBERSHIP REWARDS

Attention to the Club at **McChord Field members:** November is Member Appreciation Month. You could win big prizes, including a new Jeep Wrangler just by entering. Stop by the Club for details. Find click on WebTrac or call 253-967-5026.

GET THE BEST DEALS ON TEXTBOOKS

You can get the best deals on your textbooks from Family and MWR's Bookstore at the Stone Education Center. Rent your course textbooks with more than 6 million to choose from online. Buy or sell used textbooks or download e-books. Visit iblmmwr.com/bookstore or call 253-964-8185.

FIRE EXTINGUISHER ANNUAL SERVICING

All facility fire extinguishers on base must be recertified and retagged annually. Accomplish this either by contractor via GPC card or hand-carry facility extinguishers to the fire extinguisher shop located at the rear of Bldg. 2014 on Lewis Main. The maximum number of extinguishers one facility manager may rotate a day is 10. For more information, call 253-966-2600.

MOVING RESOURCES AVAILABLE ONLINE

Automated Housing Referral Network is sponsored by the Department of Defense and is designed to improve the process of securing available housing for relocating military families. For more information, visit ahrn.com. Defense Travel Management Office consolidates, streamlines and centrally manages commercial travel. This single point of contact ensures consistency in the department's focus, policy and execution, marking a new era in government travel. For more information. visit defensetravel-.dod.mil. Defense Personal Property System is a centralized, integrated onestop source for managing personal property moves. For more information, visit move.mil.

JBLM HOME FIRE SAFETY CLASS

Base housing residents are required to take a Family Housing Fire Safety class within 30 days of moving in. Service member must attend; spouse is welcome and encouraged. Classes take place Tuesdays and Thursdays at 1 p.m. at Bldg. 2014, Fire Station 107 Pendleton on Lewis Main.

MILITARY CAREGIVER PEER FORUM SET

The Military Caregiver Personalized Experiences, **Engagement and Resources** Forum meets the first Wednesday of the month from 9 to 11 a.m. at the Fisher House, 9999 Wilson Ave., on Lewis Main. Military family life counselors will listen to issues impacting your day-to-day quality of life, hear your needs and connect you with other military caregivers for practical and social support. The next forum is set for Dec. 7. For more information, call 253-329-6546

BUILDING MANAGERS FIRE SAFETY

All building managers on Joint Base Lewis-McChord are required to take a **Building Managers Fire** Safety Class. Classes take place on the first and third Wednesday of the month at 9 a.m. Bldg. 2014, Fire Station 107 Pendleton, on Lewis Main. The next class is set for Dec. 7. For more information, call 253-966-7164.

SEE THE NUTCRACKER AT EVERGREEN

Parents and children, attend SKIESUnlimited's "The Nutcracker" at Evergreen Theater Dec. 9 at 7

Joint Base Lewis-

McChord has grown and changed over the years. Whether you're new, returning or just want to learn your way around, all service members, civilians and adult family members are invited to attend the Newcomers' Orientation Dec. 13 at American Lake Conference Center, 8085 NCO Beach Road on Lewis North. Report time for Soldiers and Airmen is 7:30 a.m. Orientation begins at 8 a.m. Complimentary hot breakfast and free on-site

business at 5 p.m. Next meeting is Dec. 15.

JOIN SANTA FOR BREAKFAST

Santa's looking forward to having company for breakfast Dec. 17. Join in the fun when you reserve your places for Breakfast with Santa at the Club at McChord Field from 10:30 a.m. to noon. Also bring your camera for a photo with Santa and let your kiddos create and take home a holiday craft with help from the Arts and

ORDER HOMEMADE HOLIDAY DESSERTS

Not into baking or don't have time for finding fancy dessert recipes? Order freshly baked festive desserts from American Lake Conference Center! Place your order a week ahead for parties, meals or cookie details, entries and rules at myairforcelife.com/giveaway. Not a member yet? Join the Club today and start saving on meals, events and more. For more information, call 253-982-5581

YOUTH SWIMMING **LESSONS AVAILABLE**

Kimbro Pool, at the McVeigh Sports and Fitness Center on Lewis Main. now offers swim lessons for children 6 months to 16 years of age. Visit jblmmwr.com/aquatics and

TRANSITIONS: INFORMATION TO HELP WITH LIFE CHANGES

Find jobs on the "JBLMUnlimited" website at jblmunlimited.com or on Facebook at facebook.com/jblmunlimited.

A LIST OF UPCOMING EMPLOYMENT FAIRS

The following is a snapshot look into some upcoming employment fairs and networking opportunities

Operation GoodJobs! Fridays 2 p.m. Starbucks, 10314 S. Tacoma Way, Lakewood. For more information, email vetservicesinfo@goodwillwa.org or call 253-573-6789.

Career Skills Program Briefings take place Mondays at Hawk Transition Center Auditorium. Walk-ins are welcome. Noon: trades/skills/ technology/business brief.

Mini Career Technical, **Apprenticeship and Education** Fair takes place Mondays at Hawk Transition Center Auditorium at 10:30 a.m. Walk-ins are welcome.

US Customs/Border Protection Recruitment Event Wednesday and Thursday at 9 a.m. at the Hawk Transition Center, 11577 41st Division Road. Customs and Border Protection recruiters will be onsite to provide information regarding their current nationwide job openings. Offering federal employment opportunities to all who are interested in a rewarding career. Spouses are welcome. For more information, email tasha.d.wilcox@cbp.dhs.gov

Brown Bag Mini Job Fair takes place every Wednesday from 11 a.m. to 1 p.m. in the Hawk Transition Center lobby. Walk-ins are welcome

Worksource Pierce Weekly Meetings Every Thursday from 1 to 4 p.m., the WorkSource Pierce Career Center will host a weekly meeting for job seekers

unemployed for 27 weeks or longer, seeking assistance to re-enter the workforce. Location is 1305 Tacoma Ave. South, Tacoma. Call 253-593-7300 or email backtowork@workforcecentral.org

Annual Seattle Stand Down Thursday and Dec. 2 starting at 8 a.m. with the South Seattle College, Gene Colin Educational Hall, Bldg. C (6737 Corson Ave. S., Seattle) Free bus ride for veterans with proper identification. Assist military veterans and their families with the aspect of transition from military to civilian life. One stop access to various community and Veteran Affairs social services, focusing primarily on those who are homeless or at-risk of becoming homeless. For more information, visit theseattlestanddown.org.

WorkSource Veterans Service Orientation Briefings take place the first and third Wednesdays of the month from 9 to 11 a.m. at 500 SW 7th St., Renton, Wash. The next meeting is Dec. 7. For more information, call 206-205-3500. What's My Next Move?

Second Monday of the month from 1:45 to 3:15 p.m. at Work Source Pierce. Next meeting is Dec. 12. Email kmyers@esd.wa.gov or call 253-552-2547

Washington State Department of Veteran Affairs Hiring **Event** Dec. 12-13 from 1 to 4 p.m. at the Walla Walla Work-Source, 1530 Steven St., Walla Walla, Wash. If you are interested in working at the brand new Walla Wall Veterans Home, the Washington State Department of Veteran Affairs

will be conducting interviews for various positions. This event is open to the public. For more information, contact:

Boots to Business A threeday workshop how to start a business. Gain tools and knowledge needed to identify a business opportunity, draft a plan and launch an enterprise. Day three consist of a field trip. To register call 253-967-5599 or 253-967-3258

Camo2Commerce Attention military leaders in mid-level management roles, ideally staff and senior noncommissioned officers and junior to midgrade officers in transition. Camo2Commerce has created the Heroes Corporate Fellowship Academy to help you land a job in a position commensurate with your knowledge, skills, abilities and experience. This goes above and beyond the traditional job-seeking efforts and puts you in the driver's seat of a corporate management level role in companies like Amazon, Starbucks, UPS, and TrueBlue. For more information, visit: camo2commerce.com/heroes/. Attend orientation on Thursdays at 3:30 p.m. at the Stone **Education Center on Lewis** Main. Email rob@pacmtn.org with any questions. Spotlight Events and Em-

ployer Hiring Check for employer spotlight events on social media at facebook.com/ jblmunlimited for more information. Sign up at sfltap.army.mil or with your SFL TAP Center at 253-967-3258/ 5599.

PERMIT FEE ANALYST POSITION IN LACEY

Washington State Department of Ecology — Salary: \$40,428 to \$53,016 annually. The Water Quality Program is currently looking to fill a permit fee analyst position in the headquarters building in Lacey. The permit fee analyst serves as an analyst for the wastewater/stormwater permit fee program within the Water Quality Program manager's office, under the direction of the water quality deputy program manager. This position independently resolves routine issues and problems and refers unusual problems to higher levels to identify probable outcomes and solutions. For more information, visit tinyurl.com/z6acjyp.

COMMERCIAL LOAN OFFICER IN OLYMPIA

WSECU — Salary: \$37.72 to \$51.68 per hour plus benefits package. This position may include a commission structure. The commercial loan officer originates, processes, underwrites and closes new commercial loan applications, both reactively and proactively, with an emphasis on commercial real estate lending; represents the department as the primary point of contact for business loans (VISA, lines of credit, equipment and vehicle); underwrites loan applications and prepares credit presentations to meet investor auidelines, in a timely manner, with few or no audit exceptions and other duties. Apply online at jobs.wsecu.org. All applicants must submit a resume. Call 360-943-7911 for more information.

SKIESUNLIMITED **CLASSES AVAILABLE**

SKIESUnlimited offers multiday classes in art, theater, music and more for JBLM youth. Visit jblmcyssregistration.com for the list of classes. Children must be registered with Child, Youth and School Services. For more information, call 253-966-2977.

SIGN UP FOR JBLM ALERT NOTIFICATIONS

JBLM Alert Notifications is a free service that allows you to sign up and receive emergency notifications about road closures, severe weather, utility service interruptions and public safety messages from Pierce County and the base. For more information, visit tinyurl.com/gl5g3sq.

CALL THE ENERGY WASTE HOTLINE

To stop energy waste and save valuable resources, the JBLM Energy Program is launching an "Energy Waste Hotline." The primary objective of this hotline is to collect information about dayburners, incandescent bulbs, damaged fixtures, steam leaks, non-functional thermostats, etc. If you notice any opportunity to reduce energy waste, pleasecall or send a text to 253-219-2394. The goal is to improve energy efficiency, eliminate energy waste and save money.

recruiters@dva.wa.gov.

FROM PAGE 1A

home station as JBLM units seek to sustain readiness in a new global operational tempo. This matters because JBLM is building toward an operational environment where the force and its partners in the Pacific are ready all the time to defeat and deter threats while protecting the homeland.

Home station training includes: continuous training at all levels and integration of all combat systems, integrated training with the total force including the reserve components — joint exercises, simulation training at the Mission Training Center and off-installation training at various centers in the U.S.

Lanza said operations in the Pacific will build readiness in the force and partner militaries — all part of the projecting national power and shaping the security environment. The Pacific is full of potential areas of conflict, rapid growth and areas at high risk of national disasters. JBLM units, including I Corps, participate in many missions, such as Pacific Pathways, bilateral training in the U.S., large scale multinational exercises in Japan, Korea and Australia and small scale exercises in 21 separate events.

"There's no doubt that the viability of the joint base now and in the future is extremely important," Lanza said.

Bruce Dammeier, a Navy veteran and Washington State Senator for the 25th Legislative District, called the presentation exciting and said he appreciated base leaders regularly communicating JBLM's intent with the community.

"This is a critical place at a critical time," he said. "The future is in the Pacific."

Dammeier said he was most interested to hear about the

change in JBLM's training spectrum.

"This concept of having to maintain a higher level of readiness throughout — that's going to require a much more active presence on JBLM, at Yakima (Training Center) and a higher readiness op-tempo than we've had in the past," he said. "It's important for our communities to understand that so when they see more aircraft active, when they hear more booms in the night, they understand that we're playing a very important part in our national defense and the safety of our world."

Attendees participated in a robust question and answer session as topics were addressed. One question that popped up was how the election results will impact JBLM's global mission.

Lanza said the Army has never left the Pacific in the last 10 to 15 years, despite the focus on fighting wars in Iraq and Afghanistan. The military has a global responsibility to continue engaging in the Pacific, and disengaging would probably come at an enormous expense, he said, noting it will be a long term strategic issue for the next administration to address.

"There's a change obviously in administration; we'll have new elected leaders in here as well," Lanza said. "Regardless of the change in administration, regardless of the challenges you have with transition – and I've been in the Army long enough to see multiple transitions over the years - the viability and readiness of your military goes unchanged. The readiness of your military, the professionalism of your military - that really delineates how we transition the government is extremely important. I'm very proud to say that our military will be ready, our leaders will be ready for whatever mission our nation asks us to do. That means the training will continue at JBLM, both here and Yakima."

FRIDAY NOVEMBER 25 2016

Five of the country's seven major trading partners are in the Pacific, Lanza said. In his extensive travels, he said the one constant is the want for American leadership.

"Those countries desire U.S. leadership, regardless of administration," he said. "I think if we walk back U.S. leadership, then somebody is going to fill that void."

John J. Caulfield, Lakewood city manager, said he learns something new with every base update. It surprised him to hear how broadly deployed I Corps is with defense as well as disaster response and humanitarian missions, and he said he planned to communicate that to local citizens.

"Having those positive relationships in place, when something important does come up that needs to be addressed, either locally, regionally or nationally, makes accomplishing those tasks a whole lot easier," he said.

FROM PAGE 1A TURKEY

their families through various battalions and units.

"I'll take four please," one Soldier said, as he and dozens of other service members surrounded one of two box trucks transporting the fowl to a drop point on Lewis Main.

Staff Sergeant Tim Bruno, 2nd Battalion, 3rd Infantry Regiment, 1st Brigade, 2nd Infantry Division, carried one large turkey through the parking lot to his vehicle to give to one of the younger Soldiers in his unit.

"This is a big help for the Soldiers," he said. "It feels good to help out the Soldiers at the holidays."

Operation Turkey Drop has helped provide JBLM service members with a holiday turkey for the past seven years; however, the current drop is far and away bigger than that first event.

Carlene Joseph, the founder of Operation Turkey Drop, said in its first year, 150 turkeys were delivered on the installation. Four hundred and fifty birds were delivered last year.

The event is made possible by the Association of the United



Pvt. Tristen Aldridge, right, carries two frozen turkeys to take back to Soldiers in his unit in time for the Thanksgiving holiday during an

States Army, the Air Force Association and Pierce Military and Business Alliance and dozens of local businesses and organizations.

Joseph said the event has become more efficient each year. In prior years, she coordinated the entire event.

This year, Joseph organized the McChord portion and handed over the reins for Lewis Main and Lewis North to Amy Tiemeyer — president of AUSA's Captain Meriwether Lewis nesses for donations to purchase T

the 772 turkeys ahead of time, based on unit need. Even with several hundred

Operation Turkey Drop delivery at 1st Brigade, 2nd Infantry Division Headquarters on Lewis Main Nov. 18.

donations, this is still only meeting most of the needs, she said. "I asked each unit how many

they needed," Tiemeyer said. "Some huge units needed more. They asked for 200 turkeys and I said, 'I can give you 100.' I'm already looking at ways to improve for next year."

Operation Turkey Drop is a good way for the community to thank service members, she said.

Although Operation Turkey

Drop has concluded for this year, organizers are already gearing up for the next holiday distribution. America's "other white meat" will be distributed on JBLM next month as part of the group's Christmas meal distribution — Operation Ham Grenade.

FROM PAGE 1A WATER

a healthy Puget Sound and a clean neighborhood. We should all be grateful to everyone involved that made it possible."

For the more than 115,000 military service members, their families and civilian employees that reside on or around JBLM, this new center will be a welcome improvement on the 61year old treatment plant formerly used. The new center is capable of treating 6.7 million gallons of wastewater a day and will support JBLM, Camp Murray and the American Lake Veterans Affairs Center.

Three hundred and fifty tur-

keys were delivered to units on

McChord Field and 772 turkeys

were dropped off at Lewis Main

meyer said she was able to raise

funds and approach local busi-

and Lewis North units. Tie-

Chapter.

The new center also has the potential to eventually allow JBLM to reach net-zero water use — a common goal for all new water treatment centers. This will be accomplished by reusing reclaimed water on base in wash racks for irrigation and various other tasks. Doing this would be a huge step toward

ment and Special Operations

Force in the Joint Special Oper-

ations Command," Lanza said.

'Kurt has served with us in the

last year, where he started with

the Rangers. Here at I Corps, he

leveraged his combined 35 years

lowering JBLM's water use and environmental impact.

"If we don't take care of the environment or our resources, there won't be anything to enjoy," said JBLM Command Sgt. Maj. Richard Mulryan. "We wanted to work together to get something done that will benefit the community and protecting the resources. This is another step to preserve something we can enjoy in the future."

CDM Smith broke ground to start the project two years ago. Officials said the company took great care in making sure everything was done well and the new center would pass all environmental regulations with flying colors.

"It was a sprint from day one," said Gwen Baker, the company's president of federal programs. "We were able to get the max amount of productivity out of each work day. The key to that is to make sure that quality doesn't suffer and safety doesn't suffer.

"I'm happy to say that we performed strongly on both." Following the ribbon cutting, attendees were offered a tour of the new building. While the tour and ceremony was upbeat, there was also a sincere understanding of why the new plant had to built.

"The Puget Sound is in danger," Heck said. "What we pump into it has a direct impact on that. The fact that JBLM will now be pumping in water that is arguably cleaner than the water in the Puget Sound is a major commitment to the environment and the community."

FROM PAGE 1A FULLER

Fuller arrived at JBLM on orders to the 2nd Ranger Battalion, 75th Ranger Regiment 33 years ago.

"When I started in the Army, I had no idea I would end up here," Fuller said. "There's no doubt I owe my success to my early roots in the Rangers. Their culture got into my blood very early and it was that culture inherited in the Rangers, more than anything made me into the Soldier and leader that I became."

According to Lanza, when Fuller arrived at JBLM, he was contemplating whether he wanted to stay in the Army. However, after his first 18 hours with the Rangers, including an Airborne operation, he decided the Army was the place for him to be, setting the tone for a lifetime of service.

"Since then, Major General Fuller has served with mechanized forces, light airborne forces, his beloved Ranger regiof service to ensure our Soldiers

both here and in the Pacific were ready to meet the challenges of an uncertain future."

Lanza emphasized what Fuller had accomplished within I Corps.

"His experience in the Pacific has been invaluable, as we have

planned operations exercises throughout the area of operations. More importantly, Kurt understood the operational environment. He understood how to lead change. He understood how to set the example that will fill capability gaps. More importantly, he understood how to build a better team and leave a legacy of professionalism behind him."

Fuller faced and overcame challenges throughout his military career.

"The Lord protected me and sustained me through almost six years in combat," Fuller said. "Three helicopter crashes, two combat jumps and a couple of dozen firefights that weren't just small arms, but they were also mortars, rockets, grenades and machine guns, too. It has been an epic adventure and a wild and dangerous ride, but I wouldn't change much of it even if I could."

Although retiring from the Army was hard for Fuller, he knew it was time and was the right decision.

"A great leader once said that when your career is over the only things you have left to you are your family and reputation,' Fuller said. "I'm very thankful that I can stand here today with both of those intact. There are also years of memories and experiences that I will cherish more than any rank or position that I ever held. There are memories of the best people I've ever known who did the impossible and overcame the worst. Knowing and serving with those people, with you is a great gift that I walk away with today, and that I will always cherish.'

Fuller left the military, but his effect on the Army and the I Corps mission will continue.

"You'll always be remembered for the example you set for our Army, our families and our Soldiers," Lanza said. "Kurt, your leadership will be missed, but your legacy will continue through our Soldiers. Your vision, global experience has enabled this Corps to be globally engaged, regionally aligned but more importantly ready."

SGT. SINTHIA ROSARIO 5th Mobile Public Affairs Detachme Maj. Gen. William K. Fuller, middle right, former deputy commanding general of I Corps, receives his retirement flag during his retirement ceremony on Lewis Main Nov. 18.





HEALTH & FITNESS

JBLM COMMANDER'S CUP SWIM MEET

Festive field runs annual **Turkey Trot**

BY DEAN SIEMON Northwest Guardian

Master Sergeant Bonnie Holtz has memories of running in a Thanksgiving-themed 5K run when she was first stationed at Joint Base Lewis-McChord in 2005. Since coming back to JBLM this August, she's noticed the runs on the installation have changed a lot in the last 10 years.

Saturday's JBLM Turkey Trot at the Family and Morale, Wel-

47th CSH wins swimming title



DEAN SIEMON Northwest Guardian Katherine Tran, of 47th Combat Support Hospital, wins the 50-meter SEE TROT, 2B | freestyle during the JBLM Swim Meet at Soldiers Field House Nov. 17.

Team claims trophy after finishing annual swim meet with 106 points

BY DEAN SIEMON Northwest Guardian

Katherine Tran last swam competitively in her freshman year for University Place's Curtis Junior High School – one of four she attended moving between Washington state and Korea while growing up in a military family.

NORTHWEST GUARDIAN

Having spent the last seven years in the military herself most recently with the 47th Combat Support Hospital at Joint Base Lewis-McChord -

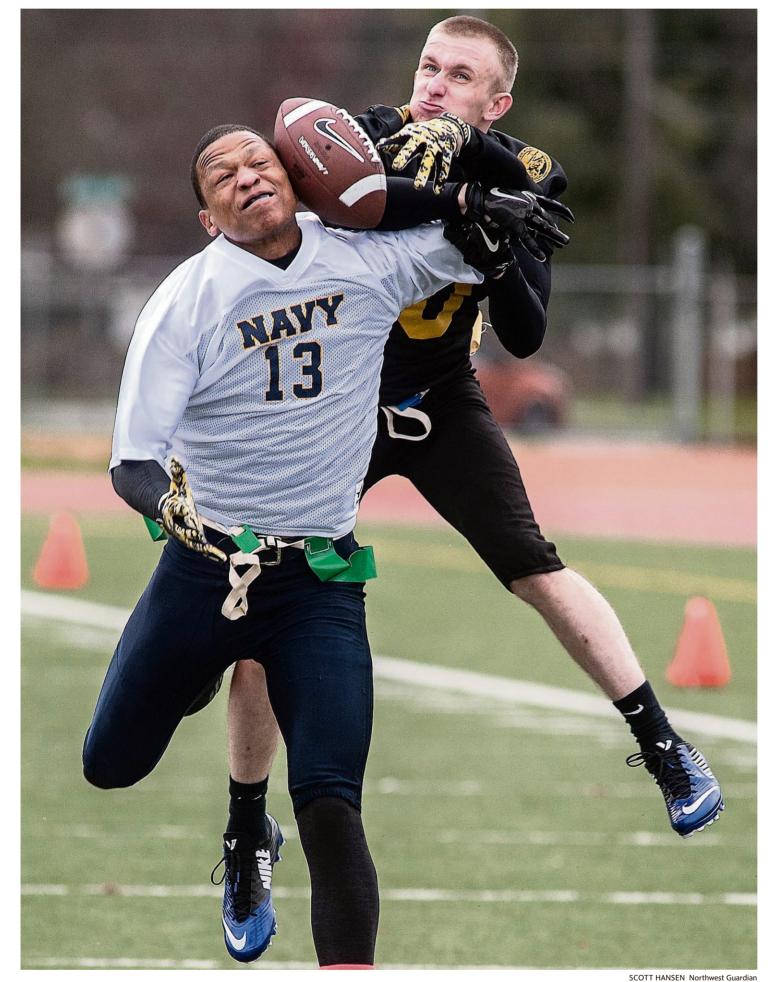
Tran rediscovered a competitive camaraderie within her unit. It led her to join the 47th CSH team during the JBLM Commander's Cup Swim Meet Nov. 16 and 17 at Soldiers Field House on Lewis Main.

Tran finished with four individual medals, and one relay, to help the unit win the overall team championship with 106 points. Not only did the individual success motivate her to

SEE SWIM, 2B

1B

17TH ANNUAL PUGET SOUND ARMY VS. NAVY FLAG FOOTBALL CLASSIC



ON THE SCHEDULE

FREE SALMON FISHING SEMINAR WEDNESDAY

Outdoor: The Washington Department of Fish and Wildlife is hosting a free salmon fishing seminar for the base community Wednesday at 6:30 p.m. at the Nelson Recreation Center on Lewis Main. Instructors will provide tips for outdoor enthusiasts interested in learning how to fish in the nearby Nisqually River. For more information about fishing in Washington, visit wdfw.wa.gov.

SPORTING CLAYS SHOOTING COMPETITION SCHEDULED

Outdoor: The monthly Sporting Clays shooting competition is Dec. 3 at 10:30 a.m. at the Joint Base Lewis-McChord Skeet and Trap Range on Lewis Main. Competition includes 100 targets across 10 different stations. Registration opens at 9 a.m. and is \$35 per participant. For more information, call 253-967-7056.

JBLM SPECIAL OLYMPICS **COACHES, PLAYERS NEEDED**

Youth: Registration is open through Dec. 9 for children to join the upcoming basketball

Army's Bobby Walker, right, breaks up a pass intended for Navy's Lawrence Jasper during the Army vs. Navy game on Lewis Main Nov. 18.

EMOTIONS RUN HIGH DURING TOUGH LOSS

Navy passes for more than 300 yards in win

BY DEAN SIEMON Northwest Guardian

motions were high at the end of the 17th annual Puget Sound Army vs. Navy Flag Football Classic Nov. 18 at Cowan Stadium on Joint Base Lewis-McChord. The JBLM team was frustrated near the end of the game as Navy Region Northwest intercepted a pass and attempted to run laterals similar to the highlights from "The Play" from the 1982 University of California Golden Bears and Standford Cardinal game. This time there was no celebration or

SEE CLASSIC, 2B



Army running back Brandon Harris (1) runs past Navy's Gary Campbell. left, during the 17th annual Puget Sound Army vs. Navy Flag Football Classic at Cowan Stadium on Lewis Main Nov. 18. Navy defeated Army 28-0.

and cheerleading seasons for the Joint Base Lewis-McChord Special Olympics program. Open to children ages 8 to 18. Additionally, the JBLM Tigers are looking for volunteer coaches for both activities. Register at jblmmwr.com/cys. For more information, call 253-967-2405.

'SMART START' YOUTH SPORTS CAMP DEC. 20-22

Youth: Joint Base Lewis-McChord Child, Youth and School Services will host a Start Smart youth sports camp Dec. 20-22 from 10 to 11 a.m. at the gymnasium inside CYSS Parent Central Services on Lewis Main. The camp provides an introduction to the fundamentals of various sports. Registration is \$20 for each child ages 3 and 4. Enrollment is due by Dec. 18. For more information, call 253-967-2405.

REGISTRATION FOR YOUTH VOLLEYBALL DUE DEC. 18

Youth: Joint Base Lewis-McChord Child, Youth and School Services will host a Youth Volleyball Camp Dec. 20-22 at the CYSS Parent Central Services' gymnasium on Lewis Main from 1 to 2:30 p.m. Registration is \$35 for children ages 9 to 18. For more information, call 253-967-2405. Register at jblmmwr.com/cys.

CYSS YOUTH SOCCER REGISTRATION BEGINS

Youth: Registration is open until Jan. 20 for base children interested in playing soccer this spring. Child, Youth and School Services is offering an introductory Bumblebee soccer program for ages 3 and 4 (\$25) in addition to having regular soccer for ages 5 to 15 (\$55). Register online by visiting jblmmwr.com/ cys. Volunteer coaches needed. Call 253-967-2405.

CYSS YOUTH FOOTBALL CAMP SET FOR DEC. 27-29

Youth: The Joint Base Lewis-McChord Child, Youth and School Services will host its Youth Flag Football Camp Dec. 27 to 29 at the CYSS Athletic Fields on Lewis Main. Practices run noon to 2 p.m. each day and is open for children ages 9 to 18. Enrollment is \$35 and due by Dec. 25. Register online at jblmmwr.com/cys or call 253-967-2405.

FROM PAGE 1B SWIM

want to do more swimming, she enjoyed reliving her days as a high school swimmer, she said.

"I even brought the Power-Bars (passed out to teammates) to relive that mentality of a high school swim meet," Tran said.

The 47th CSH had a small point lead over the 255th Medical Detachment after the first day of the swim meet: 59 to 54. But the 47th CSH was able to add to its lead with nine total medals. Tran won gold with a time of 49 seconds in the women's 50-meter freestyle on the second day.

Multiple women for 47th CSH won four individual medals. Kristine Lee won gold in the 100-meter individual medley (1:34) and the 100-meter freestyle (1:31). Lauren Bullis finished with two silver, one gold and one bronze through both days.

Regina Thorp was the 47th CSH coach and also won four medals (one gold, three silver). She said a big part of the unit's success for the swim meet was support from the command team in getting the word out to find swimmers who could perform at all of the events.

"To see all of these Soldiers with different talents is great to see," Thorp said.

Although the 255th Medical Detachment fell short of the overall team championship with 85 points, a number of its swimmers finished with plenty of medals. Plus, the unit falls under the 62nd Medical Brigade with 47th CSH with overall points counting for the JBLM Intramural Sports' Commander's Cup that will be handed out at the end of the year.



DEAN SIEMON Northwest Guardian Lauren Bullis, of 47th Combat Support Hospital, comes up for air during the 50-meter breaststroke event during the JBLM Swim Meet at Soldiers Field House Nov. 17.

Joseph Adamich led the 255th Med. Det. with four individual gold medals — including the 500-meter freestyle with a time of 7:28. He jokingly loathed swimming the longer, endurance-based event before the start.

"It's not a fun event, regardless (of winning), Adamich said.

John Eads also won four medals (one gold, three silver) for the 255th Med. Det., while team captain Gavin Spence also won a gold and bronze medal. Both the 255th Med. Det. and the 47th CSH had large turnouts for the swim meet. The 201st Expeditionary Military Intelligence Brigade was a distant third place with 43 team points.

"They like to have a good time," Spence said of the 255th Med. Det. swimmers. "If there's competition involved, they're all in."

Dean Siemon: 253-477-0235, @deansiemon

JBLM Commander's Cup Swim Meet final results

Team standings – 1) 47th Combat Support Hospital, 106; 2) 255th Medical Detachment, 85; 3) 201st Expeditionary Military Intelligence Brigade, 43; 4) Madigan Army Medical Center, 26; 5) 42nd Military Police Brigade, 20

200m Freestyle (M) - 1) Gavin Spence (255th Med. Det.), 3:21

200m Freestyle (F) – 1) Stephanie Seward (201st EMI Bde.), 2:37; 2) Regina Thorp (47th CSH), 2:48; 3) Lauren Bullis (47th CSH), 3:08

50m Backstroke (M) - 1) Michael Kopoakowski (201st EMIB), 0:41

50m Backstroke (F) - 1) Noemy Lopez (255th Med. Det.), 0:59; 2) Stacy Cooper (255th Med. Det.), 1:09

100m Individual Medley (M) – 1) Joseph Adamich (255th Med. Det.), 1:19; 2) John Eads (255th Med. Det.), 1:40; 3) Spence (255th Med. Det.), 2:06

100m Individual Medley (F) - 1) Kristine Lee (47th CSH), 1:34; 2) Bullis (47th CSH), 1:38

100m Breaststroke (M) – 1) Seung Kim (Madigan), 1:21; 2) Andrew Johnson (42nd MP Bde.), 1:30; 3) Jason Forbes (47th CSH), 2:15

100m Breaststroke (F) – 1) Seward (201st EMI Bde.), 1:35; 2) Katherine Tran (47th CSH), 2:04

50m Butterfly (M) - 1) Johnson (42nd MP Bde.), 0:34; 2) Eads (255th Med. Det.), 0:54

50m Butterfly (F) - 1) Thorp (47th CSH), 0:41; 2) Lee (47th CSH), 0:47

100m Freestyle (M) – 1) Adamich (255th Med. Det.), 1:09; 2) Kim (Madigan), 1:14; 3) Johnson (42nd MP Bde.), 1:17

100m Freestyle (F) - 1) Lee (47th CSH), 1:31; 2) Tran (47th CSH), 1:51; 3) Lopez (255th Med. Det.), 2:07

200m Medley Relay – 1) 47th CSH; 2) 255th Med. Det.

200m Individual Medley (M) - 1) Eads (255th Med. Det.), 3:57

200m Individual Medley (F) – 1) Seward (201st EMI Bde.), 3:06; 2) Bullis (47th CSH), 3:23; 3) Lee (47th CSH), 3:27

100m Backstroke (M) – 1) Adamich (255th Med. Det.), 1:21; 2) Kopoakowski (201st EMI Bde.), 1:30; 3) Austin Douglass (47th CSH), 2:38

100m Backstroke (F) - 1) Thorp (47th CSH), 1:26

50m Breaststroke (M) - 1) Kim (Madigan), 0:42; 2) Eads (255th Med. Det.), 0:48

50m Breaststroke (F) - 1) Bullis (47th CSH), 0:47; 2) Tran (47th CSH), 0:57

50m Freestyle (M) – 1) Kim (Madigan), 0:27; 2) Johnson (42nd MP Bde.), 0:28; 3) Kopoakowski (201st EMI Bde.), 0:38

50m Freestyle (F) – 1) Tran (47th CSH), 0:49; 2) Lopez (255th Med. Det.), 0:59

500m Freestyle (M) – 1) Adamich (255th Med. Det.), 7:28

500m Freestyle (F) – 1) Seward (201st EMI Bde.), 7:08; 2) Thorp (47th CSH), 7:35

200m Freestyle Relay – 1) 255th Med. Det., 2:34; 2) 47th CSH, 2:40

FROM PAGE 1B CLASSIC

marching band members getting run over. There was pushing and shoving from both teams that had to be broken up as the clock expired to end the game. The score might have been different, but the result was the same as the previous three meetings — Navy won 28-0.

The difference in the game



Game summary

Navy Region Northwest 7 7 7 7 - 28

Joint Base Lewis-McChord 0 0 0 0 - 0

NAVY INDIVIDUAL STATISTICS

Passing: Taylor Burns, 17-24-0-323

Rushing: Burns, 4-(-2); Tillman Sanders, 3-(-1)

Receiving: Tokunbo Adegbenro, 6-197-2; Jerone Tiller, 6-55-1; Lawrence Jasper, 3-54-1; Adam Principe, 1-13-0; Demetrius Rackley, 1-4-0

was Navy's quarterback Taylor Burns throwing for 323 yards and four touchdowns. That included a pass, catch and run from Burns to Navy's Tokunbo Adegbenro that covered 99 (and a half) yards near the end of the fourth quarter.

Burns hadn't played for the Navy team since 2012 — the last time JBLM won a game in the flag football rivalry. While it was a blowout, the other three scoring drives for Navy required longer drives where JBLM had opportunities to force fourth down or create a turnover.

"Our defense had good looks, but we just couldn't string enough of them together to stop Navy," said Dave Cameron, JBLM head coach.

JBLM also struggled to find an offensive rhythm with starting quarterback Geoff Espich going three-and-out on the team's opening drive. Charles Berry took over for the remainder of the game, but he had a hard time getting a groove as he threw an interception in the second quarter to Navy's Kyari Smalls. SCOTT HANSEN Northwest Guardian Army's Charles Berry (22) throws under pressure from Navy's Darryl Kelley during the Army vs. Navy game at Cowan Stadium Nov. 18.

JBLM's offense had only 30 total yards of offense in the first half while trailing 14-0. The team did have a spark from Brandon Harris who returned a kick to Navy's 42-yard line to start the third quarter. After a 19-yard pass from Berry to Rudy Morones, Berry threw to the end zone to Andrew Brown; that was caught out of bounds.

The drive ended with an incomplete pass on fourth down. JBLM had another drive where it drove down to Navy's one-yard line with first and goal in the fourth quarter, but the team was unable to get the ball into the end zone and turned the ball over on downs again.

"You have to put your team in position to score, but we just couldn't finish," Harris said. "If we make the plays, we would have been in prime position to stay in that game."

Cameron said there were a lot of factors that hurt the team's preparations for the game. For one, the game was played about three weeks before the usual December date. Most of the players on the final roster had less than a month of practice due to the installation's intramural flag football league's postseason running from late October to early November.

JBLM INDIVIDUAL STATISTICS

Passing: Charles Berry, 13-27-2-128; Geoff Espich, 1-2-0-(-3)

Rushing: Espich, 1-3-0; Brandon Harris, 4-(-1)-0; Berry, 3-(-6)-0

Receiving: Ryan Tomsic, 3-40-0; Andrew Brown, 3-28-0; Rudy Morones, 1-19-0; Harris, 2-17-0; Derrick Knight, 1-8-0; Phillip Jones, 1-6-0; Angel Laureano, 1-5-0; Samuel Comwright, 1-5-0

FIRST QUARTER

N - Burns 18-yard pass to Adegbenro (PAT good), 2:34

SECOND QUARTER

N - Burns 3-yard pass to Jasper (PAT good), 2:01

THIRD QUARTER

N - Burns 8-yard pass to Tiller (PAT good), 5:05

FOURTH QUARTER

N - Burns 99-yard pass to Adegbenro (PAT good), 3:05

He said he hopes the team will have more practices and more time to prepare for next year's matchup, which Navy will host, to build connections between the different position groups.

"You understand what the

man on your left and on your right will do," Cameron said. "It all comes down to continuity. We had the talent; we just couldn't get it done."

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FROM PAGE 1B

fare and Recreation's Festival Tent on Lewis Main was not just a 5K fun run around parts of Lewis Main. Holtz wasn't expecting the stage where a costume contest was held. Nor did she expect a projection screen playing the movie "Free Birds" for families to enjoy before and after their runs.

"We kind of just met outside back then," Holtz said. "I don't even remember there being an arch (for the start/finish line)."

Holtz said she viewed the event as a big community gathering of service members who represent various parts of the joint installation. Spouses and children also participated in record numbers.

Many service members commented about how an event like the Turkey Trot promoted health, fitness and activity. It also brought local military community together — including veterans and civilians — to promote the pride and fellowship known best as esprit de corps. "It's much like meeting up with family for a holiday event," said a medical service member who declined to give his full name. "With the armed forces, we are a family."

A total of 777 participants signed up for the Turkey Trot; many were dressed in festive attire that included all of the primary fall colors — red, orange, gold and brown. Some wore turkey hats and others dressed as turkeys — some in disguise, complete with the traditional fake mustache and glasses combination.

"We like to dress up for all of the races because it makes it more fun for the whole family," said Karen Antonowicz, who brought her 3-year-old son, Lucas.

Most people came for the run, but perhaps another reason for the JBLM Turkey Trot having the most participants of any run on JBLM this year was the prizes that included turkeys for the upcoming Thanksgiving meal.

Seven turkey stickers were randomly placed on the finisher medals at the end of the 5K



Josh Trujillo, left, and David Kidd near the Turkey Trot finish line Saturday. Trujillo finished first, ahead of Kidd and Jason Wentzel.

event to signify that runners had won a turkey. Another one was placed in a medal for the 1K Drumstick Dash for the youngest running enthusiasts — even those who ran a portion and had help from their parents to finish the run.

Army Staff Sgt. Huber LaGrou discovered that his 19-month old son Titus received the medal that earned them a turkey. The family of eight wasn't planning on buying a turkey because they were invited to Thanksgiving dinner by a family living in Vancouver, Wash.

"We were picked to bring down juice, but now we can bring juice and a turkey," La-Grou said.

Along with themed gift bas-

kets and a total of 10 turkeys given to JBLM families, the biggest prize of all was a pair of two round-trip tickets by Delta Air Lines to anywhere in the United States.

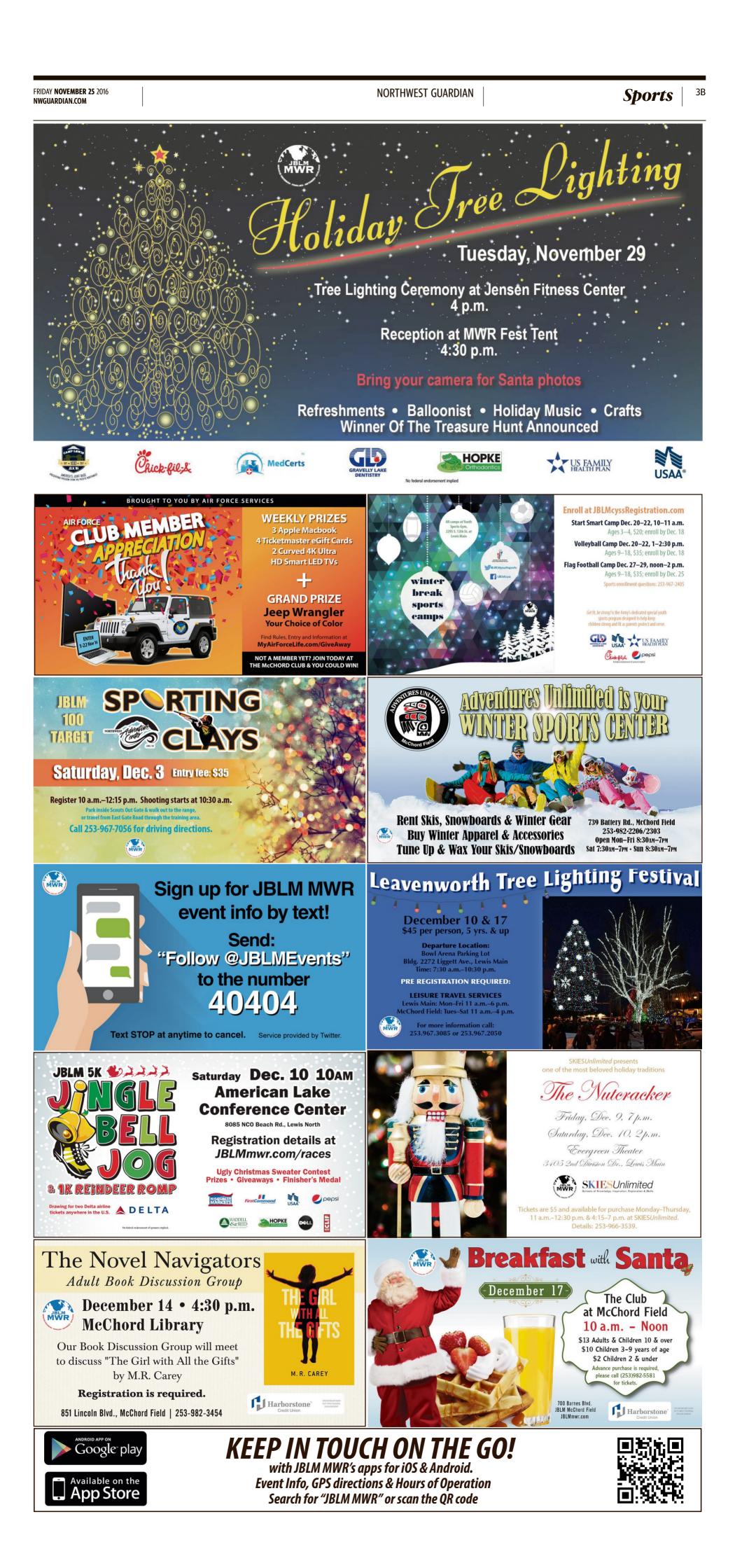
Air Force Capt. Jessica Houfek was holding a raffle ticket for herself and one for a friend who had to leave. Her friend was three numbers off while she had the winning ticket in her other hand. Houfek said she almost didn't come out for the run but was certainly glad she did.

Houfek isn't sure how she'll use the two airline tickets, but one option is visiting her home state of Florida.

"I'll have to talk to the husband first," Houfek said.

There will be one more run for the year on JBLM: the annual Jingle Bell Jog and Reindeer Romp Dec. 10 at the American Lake Conference Center on Lewis North. There will also be two more round-trip airline tickets provided by Delta. For more information, visit jblmmwr.com/calendar.

Dean Siemon: 253-477-0235, @deansiemon







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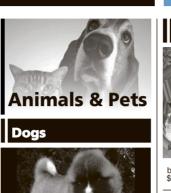


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Sunday at 7 p.m.

TICKETS

ON SALE THIS WEEK

The Memorial Day mega-show **SASQUATCH** returns to the Gorge Amphitheatre for shows May 26-28. A limited number of three-day passes at \$275 (regularly \$295) will go on sale at 10 a.m. Friday

The DANCE THEATRE OF HARLEM will becoming to the Paramount Theatre, Seattle, for shows March 11-12. Tickets are \$24.25-\$64.25, and go on sale at 10 a.m. Tuesday.

ALREADY ON SALE

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and 9 p.m. Dec. 31, KeyArena, Seattle. \$41-\$79.50

FINDING NEVERLAND Jan. 10-15, Paramount Theatre, Seattle. \$30-\$95. SMOKEY ROBINSON 8:30 p.m. Jan. 13, Emerald Queen Casino, Tacoma

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Moore Theatre, Seattle. \$42.50-\$72.50

WAYNE McGREGOR CO. 7:30 p.m. Jan. 20, Moore Theatre, Seattle. \$32 50-\$52 50

ADAM ANT 9 p.m. Feb. 3, Neptune Theatre, Seattle. \$31.50.

ODD SQUAD LIVE 7 p.m. Feb. 6, McCaw Hall, Seattle. \$26.25-\$47.50. AIR SUPPLY 8 p.m. Feb. 14. Emerald Queen Casino, Tacoma. \$30-\$75.

RED HOT CHILI PEPPERS 8 p.m. March 17, KeyArena, Seattle. \$49-\$99.

ERIC CHURCH 8 p.m. March 18, Tacoma Dome. \$20-\$86.



WADE PAYNE Wade Payne/Invision/AP

John Osborne, left, and TJ Osborne, of Brothers Osborne, perform "Stay a Little Longer" at the CMT Music Awards June 8.

FRIDAY NOVEMBER 2	25 2016
NWGUARDIAN.COM	

3C



A cross-country ski trip to Hyak, near Snoqualmie Pass, is among the list of outings planned this winter through Joint Base Lewis-McChord's Northwest Adventure Center.

OUTDOOR RECREATION

LET IT SNOW!

Winter calendar includes snowshoe, cross-country skiing, camping trips

BY RIO FERNANDES Northwest Guardian The Northwest Adventure Center at Joint Base Lewis-McChord can help you embrace the cold and break through any misgivings you may have about the winter with a variety of adventures.

"You want to make the most

of this weather when you can," said Ronnie Pippen, NAC manager. "The winter becomes more enjoyable when you are taking advantage of it instead of just trying to suffer through it." Although the snow may be a deterrent for some, Pippen said

SEE SNOW, 10C



A snowshoe outing to Lake Nean, in the Central Cascades, is on the schedule for this winter through the Northwest Adventure Center.

JBLM Outdoor Recreation

Out & About

WFFKFND

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Earth!

NOVEMBER 26-27 BASIC ROCK CLIMBING COURSE OPTION

4C

Vantage, along with the Leavenworth area, is the most popular rock climbing destination in the state. With more than 700 routes and new ones being put up every month, this area has plenty of challenges for the eager climber. Head to Vantage, where there's a good combination of sport and traditional routes and more than 200 routes in the popular 5.10 range. Traditional climbing has come back into popularity recently, with many of the new routes at Green Wall and Middle East Wall being bolt-free. Explore the many routes out in the great Washington desert. With so many routes, there's something to climb for everyone, beginner to advanced. Ground transportation, technical climbing gear and camping included. Minimum age: 16. **\$200.**

NOVEMBER 28 TO DECEMBER 5 TRIP TO REACH MOUNT CHIMBORAZO SUMMIT

This eight-day climbing tour of Mount Chimborazo (6.310 meters), starts in Quito with an

LOVE

acclimatization hike of Rucu Pichincha (4.698 meters), an awesome cable car ride then travels up to Otovalo market for an unforgettable cultural day. During the excursion, spend a free day in Baños where you can relax in the famous hot springs, do some biking or horseback riding or visit one of the nearby waterfalls. The week of adventure in the cultural highlands will be one you surely won't forget. Minimum age: 16. **\$2,700.**

DECEMBER 3-4 COMBINING ROCK CLIMBING AND YOGA

Empowering through climbing. Yoga and rock climbing complement each other in an extraordinary way, and as such, this is the perfect opportunity to take the yogic disciplines of breath. balance. focus and flexibility into the vertical world.

Take your rock-climbing skills to the next level with individualized instruction during a twoday workshop. Vantage, Wash., has some of the best climbing this state has to offer and incredible landscapes. Wake up each day with an invigorating yoga practice to the sun filling up the canvon.

Play all day on the rocks,

WORK

Keys for understanding

HEALTH

Helping People To Find

Their Own Way On Their

Spiritual Quest

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•

MONF

learning new tricks or refining others, and wind down with a relaxing flow as the sun sets over the aorae.

Depart from the Northwest Adventure Center at Lewis North at 7 a.m. Trip with NAC expert guides. \$200.

DECEMBER 3

SUNSET PHOTO WORKSHOP OPEN Take advantage of the eve-

ning light to hone your outdoor photography skills with this

workshop.

Only

Discuss techniques for shooting in limited light, exposure bracketing and using a tripod. At Discovery Park, take advantage of the blue hour and travel to Kerry Park to capture Seattle's amazing skyline.

Photographers of all levels using film or digital cameras are welcome. Bring your camera and tripod along with the owners manual

SEE OUT. 6C





DECEMBER 3RD & 4TH Sat. 10am-5pm Sun. 11am-4pm **Gig Harbor High School** 5101 Rosedale St. NW Fine Arts & Gia Harbor. WA 98335 **Crafts Festival** TIDEFEST.ORG Away from home But never alone. Have a sleep over at Groomingdales **Boarding Now Available** LOWEST PRICE AROUND ANY SPA PACKAGE Ad must be presented for discou

ASK ABOUT OUR TEETH BRUSHING TREATMENT

LAKEWOOD

FRIDAY NOVEMBER 25 2016 NWGUARDIAN.COM

EVENTS

BAZAARS

Anderson Island Community Club Holiday Bazaar 9 a.m. to 4 p.m. Friday and Saturday. Anderson Island Community Club, 11319 Yoman Road, Anderson. 253-884-2893, andersonislandcc.org.

Meeker Mansion "Small Business Saturday" Craft Sale 10 a.m. to 4 p.m. Saturday. Meeker Mansion, 312 Spring St., Puyallup. \$5. 253-848-1770, meekermansion.org.

Kent Commons Holiday Bazaar 10 a.m. to 5 p.m. Dec. 2. Kent Commons, 525 Fourth Ave. N. Kent. Free 253-856-5000, kentwa.gov/KentCommonsHolidayBazaar.

COMMUNITY

Film Screening of "Beyond Measure" Sets out to challenge the assumptions of our current education story. 6:30 to 8:30 p.m. Tuesday. University of Puget Sound, 1500 N. Warner St., Tacoma. \$10 in advance and \$15 at the door. 253-906-8827, tinyurl.com/h2v9i85.

Jingle, Mingle and Mix — A Women's Resource Showcase Shop, mingle and mix and visit the vendor showcase. 5 to 9 p.m. Thursday. Environmental Services Building, 9850 64th St. W,

University Place. \$25. 253-380-0440.

World AIDS Day Remember. Hope. Act. Come together to remember those who've died and explore ways we can work to end AIDS once and for all. 6 to 7:30 p.m. Thursday. Washington State History Museum, 1911 Pacific Ave., Tacoma. Free. 253-383-2565, piercecountyaids.org.

FUNDRAISERS

After Thanksgiving Sale Benefiting Habitat for Humanity of Tacoma/Pierce County at all three of our Habitat stores: 4824 South Tacoma Way, Tacoma; 6030 Main St. SW, Suite A Lakewood; 1329 E. Main St., Puyallup. 9 a.m. to 6 p.m. Saturday. 253-627-5626, facebook.com/ events/1840768346135562.

HOLIDAY

Annual Holiday Tree Lighting Gather for carols, photos with Santa and more 5 p.m. Saturday. Broadway Center for the Performing Arts, 901 Broadway, Tacoma. Free. 253-591-5894, broadwaycenter.org.

Gingerbread Jamboree Enjoy snacks and entertainment, including sing-a-longs, drawings and music. Cost is \$40 per family of four (includes one house). Additional guests are \$5 each and additional houses are \$25 each. Register online at play tacoma.org/gingie or call 253-627-6031 ext. 221. 10 a.m. to noon. Saturday and Sunday. Hotel Murano — Bicentennial

Pavilion, 1320 Broadway, Tacoma. Tacoma Festival of the Nativity — Star of Wonder, Star of Light Celebrates the beauty and diversity of Christmas with a display of over 900 Nativities. 1 to 9 p.m. Dec. 2, Church of Jesus Christ of Latter-day Saints, 1102 S. Pearl St., Tacoma. Free. 253-564-6305, tacomanativity.org. Holiday Light Display and

Canned Food Drive Illumination

display of lights will dance along to twelve festive holiday songs, each night from 6 to 9 p.m. Monday to Dec. 2. Hosting a canned food drive benefiting the Puyallup Food Bank. Insurance West, 11602 101st Ave. E., Puyallup. 253-446-1300, insurancewestinc.com.

A 19th Century Christmas 11 a.m. Dec. 3. Fort Nisqually Living History Museum, 5400 N. Pearl St., Tacoma. \$5-\$8, children 4

SEE EVENTS, 14C

Erase Tattoo Regret... PAINLESSLY WITH LASER TATTOO REMOVAL

We save time using the R20 method, and medically alleviate any pain so you stay comfortable





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New Year's Eve

BALL

The Great Pretenders

<u>Tickets bought before</u> <u>November 15</u>th Members \$50/couples \$80 Public \$60/couples \$100

<u>Tickets bought after</u> <u>Nov 15</u>th Elk members \$70/couples \$100 Public \$85/couples \$125 (Heavy Hors d'oeurves and

Champaign toast included)



WEEKEND

Guardian Events

^{6C} **Out & About**

WEEKEND

FROM PAGE 4C

Minimum age: 12. Depart from the Northwest Adventure Center at Lewis North at 2:30 p.m. or McChord Field's Adventures Unlimited at 2:45 p.m. Trip with NAC expert guides.

\$55.

BIKE THE DOSEWALLIPS RIVER ROAD

Mountain bike Dosewallips River Road. The Olympic Peninsula's landscape has changed so much in the past century, that it's hard to keep up with all of the repairs.

This creates great opportunities for recreationalist bikers and hikers to see back in time as they travel to a one-of-a-kind walk-in campground that closed almost 15 years ago due to a 2002 storm.

Difficulty: difficult; distance: 11 miles; elevation gain: 4,500 feet; time: five hours. Minimum age: 12.

Depart from McChord Field's Adventures Unlimited at 7 a.m. or the Northwest Adventure Center at Lewis North at 7:30 a.m. Trip with NAC expert guides. **\$100.**



DECEMBER 4 LEARN THE BASICS OF PHOTOGRAPHY This is the perfect training session for anyone looking to learn the fundamentals of photography, whether you're a new photographer needing to learn the basics or a seasoned shooter wanting to brush up on the world of digital. The class puts all students on firm ground for advancing their photography. Learn the basic principles including camera settings, depth of field, exposure, focus and composition. more summit trips planned by the JBLM Northwest Adventure Center, including trips for members of the JBLM Alpine Club that next meets Dec. 8.

Minimum age: 12. Guests

panied by parent or guardian.

Depart from the Northwest

at 9 a.m.

vounger than 18 must be accom-

Adventure Center at Lewis North

There are still a few

Location subject to change due to renovation. Trip with NAC expert guides. **\$45.**

WINTER STANDUP PADDLEBOARD TRIP

FRIDAY NOVEMBER 25 2016

NWGUARDIAN.COM

Think paddling stops as summer ends? Think again. Paddle the many waterways of Washington and take in the beauty.

When nobody else is on the water, you'll have a lot of room for yourself and your thoughts.

The wildlife in and around the water come back in full force. Minimum age: 12. Guests younger than 18 must be accompanied by an adult.

Depart from the Northwest Adventure Center at Lewis North at 9 a.m. Trip with NAC expert guides. **\$65**.

DECEMBER 7

ATTEND NEXT ALPINE CLUB MEETING

Alpine Club meeting climbers are invited to the Alpine Club meeting at 6 p.m. The activity and meeting location differ each month.

Members, check out jblmalpineclub.blogspot.com for more information. Clinic with NAC expert guides. **Free.**

SEE OUT, 11C



7C

HOLIDAY TRAVEL SAFETY TIPS

Keep weather in mind during winter travel

Be prepared for icy roads

BY RIO FERNANDES Northwest Guardian

As the holidays approach quickly, it's likely that you or your loved ones will be driving around to see family and friends. It's a good idea to be aware of the changing weather and to keep these tips in mind to stay safe on the road.

"It important that you plan your travels, whether near of far, with the far being more problematic,' said Ed Chavez, Joint Base Lewis-McChord Directorate of Emergency Services' fire inspector. "Keep others aware of your movement; if you are lost or not where you are supposed to be (at a certain time), your friends and family can follow your route."

While these may seem simple, people often take for granted how smooth traveling will be. No one ever expects to have their car break down or to get stuck in a blizzard, so the best strategy is to prepare for the worst.

THEATRE

FRIDAY 11/25 **EYES OF THE TOTEM**

3:00pm, 5:15pm, 7:30pm, 9:45pn

SATURDAY 11/26

EYES OF THE TOTEM

10:00am, 12:30pm

SATURDAY 11/26-12/1

Nightly at 7:0

Saturday & Sunday Matinee 3:45pm

253-752-9500 www.bluemousetheatre.co



Studded tires are legal in Washington from Nov. 1 to March 31. In some cases, chains are required for mountain passes.

One of the most important things people can do is create a survival kit to keep in the car. This should include emergency contact cards, three-days of food and water, blankets and clothes, first-aid kit, small shovel, traction aids and sturdy walking shoes.

Chavez also reminds drivers to be aware of carbon monoxide when traveling. He stresses the importance of having a well-maintained exhaust system. In the event of getting stuck on the road and being forced to stay in the car to stay warm, a faulty exhaust could lead

to high volumes of carbon monoxide. Drivers also need to make sure the exhaust pipe isn't covered, because that can lead to large buildups of carbon monoxide as well.

It's also important to check local weather reports, especially for those traveling long distances.

Beyond weather reports, check traffic updates and the state of any passes drivers may need to cross. This can be done on wsdot.wa.gov, which will have current information.

In the event of snow, it's also important to remember chains. In some cases, chains are required to go

T

FOCUS



over mountain passes, so make sure to have the correct chains for your vehicle and practice putting them on.

Finally, keep in mind the rules regarding studded tires. They are only allowed from Nov. 1 to March 31. Using them outside of that range leaves you open to a potential fine from law enforcement, and you could damage the roads.

"So long story short, plan for the worst hope for the best," Chavez said. "Ensure you are ready for anything."

The Grand Cinema 606 S Fawcett Ave GRANDCINEMA.COM GRAND 253-593-4474 Loving (PG-13) Wed 11/23: 2:30, 5:10, 7:50 Thu 11/24-Sun 11/27: 11:50 AM. 2:30, 5:10, 7:50 Mon 11/28-Wed 11/30: 2:30, 5:10, 7:50 Thu 12/1: 1:00, 5:10, 7:50 Moonlight (R) Wed 11/23-Sun 11/27: 1:10, 3:45, 6:15, 8:45 Mon 11/28: 1:10, 3:45, 6:15, 9:05 Tue 11/29-Thu 12/1: 1:10, 3:45, 6:15, 8:45 Arrival (PG-13) Wed 11/23-Mon 11/28: 1:25, 4:05.6:40.9:15 Tue 11/29: 1:25, 4:05, 9:15 Wed 11/30-Thu 12/1: 1:25, 4:05, 6:40, 9:15 The Dressmaker (R) Wed 11/23-Mon 11/28: 1:00, 3:45 Tue 11/29: 3:45 Wed 11/30-Thu 12/1: 1:00, 3:45 A Man Called Ove (PG-13) Wed 11/23-Thu 11/24: 6:30, 9:05 The Love Witch (NR) WEIRD ELEPHANT SERIES Fri 11/25-Sun 11/27: 6:30, 9:09 Mon 11/28: 6:30 Tue 11/29-Thu 12/1: 6:30, 9:09 Eaual Means Eaual (NR) TUESDAY FILM SERIES Tue: 1:30. 7:00 Now serving local beer & wine

Friday-Sunday evenings! Tacoma's only nonprofit movie theater.



NOVEMBER 25-DECEMBER 18 • FRI & SAT 8PM • SUN 2PM

Lakewood Playhouse IT'S A WONDERFUL LIFE

Lakewood Plavhouse 5729 Lakewood Towne Center Blvd SW George Bailey's guardian angel saves him from despair by reminding him that his has been, after all, a wonderful life. LAKEWOOD: Shop. Eat. Plau. Stau! Ticket Info: Adults \$25; Srs/Military \$22;

Students/Educators \$19 253-588-0042 or online www.lakewoodplavhouse.org

NOV 25-DEC 24 • FRUSAT 730PM • SUN 2PM • PAY WHAT YOU CAN THUR, DEC 8 • SPECIAL HOLIDAY PERFORMANCES DEC 22-24 **Tacoma Little Theatre**

SUNDAY

Tacoma Little Theatre 210 N I Street Tacoma, WA 98403 The classic holiday movie comes to life as Kris Kringle, with the help of a young girl, tries to prove that he is the real Santa Claus. If you really believe, anything can happen! Ticket Info: \$24 (Adult); \$22 (Sr/St/Mi);

\$20 (Children 12 and under). www.tacomalittletheatre.com 253-272-2281

DECEMBER 3	SATURDAY
Tacoma Musical Playhouse	Tacoma Musical 7116 Sixth Aven
SING- ALONG WITH SANTA	Santa Claus is cc Christmas Caroli- by Santa and sna with your holida photographer for just bring along y Ticket Info : \$10 253-565-6867, on

10AM l Plavhouse nue Tacoma, WA 98406 oming to TMP! Sing ls, with a special story read acks provided! Greet Santa y wishes and a professional photos will be available or your camera for a photo. General Seating, nline at www.tmp.org

DECEMBER 3 & 4 • SATURDAY 7:30PM • SUNDAY 2PM

University of Puget Sound Adelphian Concert Choir and Voci d'Amici THERE IS NO ROSE: SONGS OF WINTER

Kilworth Memorial Chapel True to its annual tradition this concert will present holiday music from around the world with music ranging from Gregorian chants to African communal choruses Ticket Info: \$10 general; \$5 sr. citizen, student, military. 253.879.3100 or tickets.pugetsound.edu

DECEMBER 4

MIRACLE

ON 34TH

STREET

Christ Lutheran Church MESSIAH SING-A-LONG

Christ Lutheran Church 8211 112th St. SW, Lakewood, WA 98498 Messiah Sing-A-Long or Listen-A-Long conducted by Anne Lyman, DMA, featuring professional vocal soloists and instrumentalists Ticket Info: No tickets required. Free will offering, \$10 donation suggested. Donations of non-perishable food items will be collected for area food banks. This was traditional in Handel's day.

DECEMBER 5
Tacoma Musical Playhouse
A BIG BAND
CHRISTMAS

2PM

7:30 PM

MONDAY 7:30PM Tacoma Musical Playhouse 7116 Sixth Avenue Tacoma, WA 98406 Celebrate the holiday Big Band style, with Tacoma's own SWING REUNION ORCHESTRA (SRO). This 18-piece big band can play! You'll hear traditional standards and wonderful Christmas music!

Ticket Info: \$25, Reserved Seating, 253-565-6867, and online at www.tmp.org

7:30PM

7:30 PM

WEDNESDAY

TUESDAY

DECEMBER 6 TUESDAY University of Puget Sound Chorale and Dorian Singers **'TIS THE SEASON**

Kilworth Memorial Chapel Celebrate the season with traditional songs and hymns, as well as new arrangements by J. Edmund Hughes. J. Edmund Hughes and Kathryn Lehmann, conductors. Ticket Info: Free.

7:30PM



FRIDAY

DECEMBER 14 Rich Wetzel & His Groovin Higher Orchestra A BIG BAND

Tacoma Community College Auditorium Bldg 2 Big Band Christmas concert with special guest Stephanie Anne Johnson from The Voice with Rich Wetzel and his Groovin Higher Orchestra, Holiday Tunes by one of the top jazz groups in the northwest. All ages, fun holiday concert. CHRISTMAS Ticket Info: \$20 per ticket 1-800-838-3006

NOV 25-DEC 18 • FRI & SAT 7:30PM • SAT & SUN 2PM

Tacoma Musical Playhouse

MEET ME IN



7116 Sixth Avenue **Tacoma**, WA 98406

Based on the 1944 film of the same title, about a family living in St. Louis, Missouri on the eve of the 1904 World's Fair.

Ticket Info: Adult \$31 Senior/Military/Students \$29 Children \$22 Groups of 10 or more \$27 All seating is reserved

DECEMBER 2 City of Auburn BRAVO

Performing Arts Series An Inspirational

Christmas with Elvis



Auburn Avenue Theater, 10 Auburn Ave.

Elvis Presley's voice, soul and presence would always cut through the deepest of scratched RCA records. This is what Danny Vernon found at a very early age when he began singing along with his Father's discarded albums unaware of Presley's vast impact in American culture. Join Danny has he presents classic Elvis along with some great traditional Christmas selections as well.

Ticket Info: \$23/\$20 253-931-3043 www.auburnwa.gov/arts

DECEMBER 13 Harvey Phillips Northwest Big Brash Bash / HPNWBBb "Big Brass Bash"

THE IRISH **TENORS** HOLIDAY CONCERT starring Anthony Kearns, Finbar Wright, and Ronan Tynan with full orchestra.

Benaroya Hall, the S. Mark Taper Foundation Auditorium, 200 University St, Seattle, WA 98101 Hear Irish music and beautiful holiday favorites performed by The Irish Tenors with a full concert orchestra. The perfect start for the holiday season.

Ticket Info (\$52-\$152) Benefit Concert for Ballard NW Senior. Sponsored by Marguerite Casey Foundation. Crowne Plaza Hotels



& Resorts, AM 880 KIXI Radio. Go to: www.BallardSeniorCenter.org for more information.



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THE NEWS TRIBUNE



^{10C} **Cover Story**

FRIDAY NOVEMBER 25 2016 NWGUARDIAN.COM

FROM PAGE 3C

people should be aware that a slew of adventures become available only because of the weather. It's easy to explore the Pacific Northwest during the summer, but you'll be missing out on an entirely different type of fun if you opt to stay inside to avoid the cold, he said.

For fans of the great outdoors, consider the snowshoe trip around Lake Nean. Located in the central Cascades, the trip will allow people to traverse around the lake in relative seclusion. The trip is currently scheduled for Jan. 8, and spots are filling up fast. There will also be a cross-country ski trip Jan. 14 in Hyak on the Snoqualmie Pass.

If you're a little hesitant about exploring the wilderness while it's covered in snow, then the winter scramble snow camping trip is for you. These trips are meant to be an introductory course into cold-weather camping, with instructions explaining how to properly set up a tent in the snow, the correct way to snowshoe, cross-country ski and much more.

The event that Pippen is most excited for is the moonlight snowshoe trip, which will happen through December and January. The trip will occur during the evening around Paradise Lake and should provide people with special memories as they see the moon and stars sparkle off the water and snow.

"I really think people will enjoy this one a lot," Pippen said. "It's unique and safe. For all of our trips, this one included, we have guides that are fully certified and trained to make sure you feel and are safe."

Finally, for people who know they love the winter already, consider joining the Alpine Club. This group features a broad range of JBLM community



The Northwest Adventure Center's outdoor recreation schedule includes a winter survival and snow camping trip to Mount Rainier this winter.

members who plan their own trips, whether that be hiking, camping, snowboarding and skiing.

The group meets at the North-

west Adventure Center throughout December. If group trips aren't your

thing, remember that the NAC is also loaded with supplies you can rent or buy if you'd like to explore the wilderness yourself.

If these trips sound interesting, or you'd like to learn more about some of the other options, such as trips to other countries, visit jblmmwr.com/ nw_adv_ctr.html or call 253-967-6263.

FRIDAY NOVEMBER 25 2016 NWGUARDIAN.COM

Out & About | ^{11C}

FROM PAGE 6C

OUT

DECEMBER 8-14

VISIT A GERMAN CHRISTMAS MARKET

Winter in the Bavarian Alps is magical. There's nothing quite like these mountains as they crawl across Europe or the incredible Christmas markets that flood every town with bright lights and warm gluhwein.

Take a German vacation with the Northwest Adventure Center, staying at the Edelweiss Resort at the base of the mighty Zugspitze Mountain.

Take the gondola up to the top of the glacier and see five different countries on a clear day.

Your vacation can include tickets to ski the Classic Valley,

taking a bus to Disney's Newschwanstein Castle, hiking the Partnachklamm River Gorge or exploring the amazing local holiday markets. Preregistration is required.

Minimum age: 12. **\$3,800.**

DECEMBER 10 SEA KAYAK TRIP TO CUTTS ISLAND

Don't miss this South Sound classic. Start in Carr Inlet, paddling to Cutts Island and around Raft Island.

This small island has a steep rock face on the south end that many birds call home.

Take a break on the island to enjoy lunch and explore.

Difficulty: beginner to intermediate; distance: 6 miles; paddle time: three-and-a-half hours. Minimum age: 12. Depart from the Northwest

Adventure Center at Lewis North at 8 a.m. Trip with NAC expert

guides. **\$60.**

HIKING TRIP THROUGH RATTLESNAKE TRAIL

Hike your way through the views of this amazing state. The Pacific Northwest is such a unique location with the mountains offering visitors tranquility in its vast forest.

Take a hike to the top of the 3,000-foot lookout of Rattlesnake Ridge. Follow the moderate trail through the lush forest and massive rock faces to a spectacular view of the Upper Snoqualmie Valley.

Difficulty: moderate/hard; distance: nine miles; time: three to four hours. Minimum age: 12.

Meet at Northwest Adventure Center at Lewis North at 8 a.m. or McChord Field's Adventures Unlimited at 8:15 a.m. Trip with NAC expert guides. **\$50.**

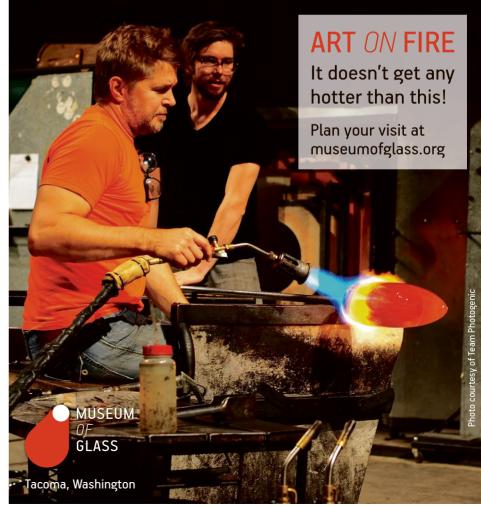
SEE OUT, 12C



JBLM Outdoor Recreation

Rock climbing is one of the more popular adventure trips offered through the JBLM Northwest Adventure Center on Lewis North.





Out & About 12C

WFFKFND

FRIDAY NOVEMBER 25 2016 NWGUARDIAN.COM

FROM PAGE 11C

DECEMBER 11

BICYCLE RIDE THROUGH RUSTON WAY

Ride a bike while exploring the beautiful boardwalk of Tacoma's Ruston Way.

Cruise by Chihuly glass art, restaurants, Point Defiance Park and other stunning landscapes on the nearly 10-mile path.

Enjoy a picnic and potential yoga in the park to loosen up your muscles after all that pedaling. Minimum age: 16.

Depart from the Northwest Adventure Center at Lewis North at 8 a.m. **\$70.**

LEARNING BASIC PHOTOSHOP SKILLS

Learn to manipulate images, improve access to the elements of the software, gain greater editing freedom and significant image enhancement techniques with this workshop. Edit content to output to web, print or mobile devices. This course provides hands-on practical insight into skills to use Photoshop effectively when editing photographs. No Photoshop experience required. To get full advantage of the course, please bring a laptop with Photoshop installed. Practice images will be provided, but feel free to bring any images you want to work on. Minimum age: 12. Meet at the Northwest Adventure Center at Lewis North at 9 a.m. Location is subject to change due to renovation. \$45.

HIKE ON THE TAHOMA SUSPENSION BRIDGE

Ever wanted to hike the Wonderland Trail but only have time for a sneak peek? Here's how to enjoy a sampling of the Wonderland's spectacular scenery in a single day. As you trek, you'll pass through the different scenery of Mount Rainier, from forest to volcanic to subalpine terrain. Difficulty: difficult; distance: 14.2 miles; elevation gain: 3,100 feet. Minimum age: 16. Depart from the Northwest Adventure Center at Lewis North at 7:30 a.m. \$55.

DECEMBER 16-22 VISITING THE FREY IN ARGENTINA

If you're tired of the Washington weather, imagine a wonderland of endless spires of quality granite bathed in alpine sun amid a backdrop of snowcapped volcanoes, enormous alpine lakes, soaring condors and friendly natives who know how to make pizza and chocolate. Such a land does exist nestled on the east side of the Andes a short steep hike up from the chocolate-filled streets of Bariloche in the lake district of Argentina. Enjoy a week of amazing rock climbing in the summer of the southern hemisphere. The wonderful food and culture of South America awaits. Airfare, ground transportation, technical climbing gear and camping included. Minimum age: 16. **\$3,200.**

MAY 10-30, 2017 ALPINE CLUB DENALI MULTIDAY EXPEDITION

Alaska is home to one of the most impressive mountains in North America: Denali. Standing at 20.310 feet, it's the highest mountain in North America and one of the world's Seven Sum-

Fridays & Saturdays | 7:30 pm

210 North I Street, Tacoma, WA 98403

Sundays | 2:00 pm

TACOMA LITTLE THEATRE

inn

TACOMA

mits. The Alpine Club is running a 20-day expedition to this gem for a once-in-a-lifetime experience. This expedition will attempt the West Buttress route from Kahiltna Glacier. Although

there's no technical difficulty, many stretches leave very little margin for error. Prospective climbers should be highly competent in travel on moderately steep snow/ice and exposed

traverses.

Family and MWR's Outdoor Recreation program will offer a Winter Cascade Expedition Seminar course to prepare you. Included in the cost is transportation and airfare, lodging and technical gear (except boots, clothing, food, sleeping bag and expedition pack). For details, email iblmalpineclub@gmail.com. \$5,000.





Nov. 24-Jan. 1 | 5:30-9:00pm

The Northwest's largest drive through event with over 300 elaborate displays and thousands of sparkling lights!

Admission: \$14 per vehicle. Half Price Nights: \$7 on Nov. 28, 29, 30 and Dec. 5, 6, 7. Discount tickets available at Lakewood Community Center and Sprinker Recreation Center.

For more information & directions: (253) 798-3330 www.piercecountywa.org/parks

PUGET SOUND REVELS PRESENTS

CHRISTMA REVELS

Dec. 17, 2 & 7:30pm **Dec. 18,** 1 & 5:30pm* * ASL interpreted

Dec. 20, 7:30pm Dec. 21, 7:30pm

Rialto Theater, Tacoma

A Welsh celebration of the WINTER SOLSTICE with traditional songs, stories and dance

TICKETS: www.broadwaycenter.org 253-591-5894







500 Free Nutcracker Tickets!

In Commemoration of Tacoma City Ballet's Final Full-Length Production of The Nutcracker at The Pantages Theater

Buy 3 & Get 1 Free

In the Same Section of Your Purchase 100 Free Tickets Available For Each First 5 Performances

Friday, December 9th at 7:30 pm Saturday, December 10th at 3:00 pm Sunday, December 11th at 3:00 pm Friday, December 16th at 7:30 pm Saturday, December 17th at 3:00 pm

THIS PROMO OPTION IS NOT AVAILABLE ONLINE PLEASE CALL OR VISIT THE BCPA BOX OFFICE AND MENTION THIS AD AND PROMO CODE: B3G1F IN ORDER TO RECEIVE YOUR FREE TICKET WITH THE PURCHASE OF THREE TICKETS

> DISCOUNTS ARE NOT APPLIED RETROACTIVELY PROMOTION BEGINS NOVEMBER 18th BUY 3 GET 1 FREE PROMO CODE; B3G1F

Call BCPA Box Office (253) 591-5894 or Visit BCPA Box Office 901 Broadway | Tacoma, WA | 98402 13C

Guardian Events 14C

FROM PAGE 5C EVENTS

and younger admitted free. metroparkstacoma.org

Breakfast with Santa 8:30 a.m. and 9:30 a.m. Dec. 3. Key Center Fire Station, 8911 Key Peninsula Highway KPN, Lakebay. \$5 pre-sale; \$10 at the door. 253-884-9240.

City of DuPont Breakfast with Santa Bring your children and family to have breakfast with Santa. 9 to 11 a.m. Dec. 3. The Home Course, 2300 Golf House Road, DuPont, \$11 children 2 and younger free. 253-964-8121

City of DuPont Tree Lighting Ceremony 5:30 to 7 p.m. Dec. 3. Ross Plaza, 1500 Ross Loop, DuPont. Free. 253-964-8121. **Gig Harbor Annual Tree**

Lighting & Arrival of Santa 5 p.m. Dec. 3. Donkey Creek Park, 8714 Harborview Drive, Gig Harbor. Free. 253-853-3554, gigharborguide.com.

Old Town Tree Lighting & Santa Visit 1 p.m. Dec. 3. Job Carr Cabin Museum, 2350 N. 30th St., Tacoma, Free, 253-627-5405

Sing Along with Santa 10 to 11 a.m. Dec. 3. Tacoma Musical

See Our

e Menu at ChiliThai.com

SERVING

Authentic THAI FOOD SPECIALTIES

Playhouse, 7116 Sixth Ave., Tacoma. \$10. 253-565-6867. tmp.org

Neely Mansion's Farmhouse Christmas Celebration Reservations and prepayment required. 12:30 to 4:30 p.m. Dec. 3. Neely Mansion, 12303 SE Auburn Black Diamond Road, Auburn. \$10-\$15. 253-850-2777. neelymansion.org.

Santa Paws Pet Photos Sponsored by SUNDogs and Lavla and Me Photography. 10 a.m. to 1 p.m. Dec. 4. University Place Civic/Library Atrium, 3609 Market Place, University Place. up-dogpark.org

Light Up the Night: St. Lucia's Festival Crafts, games, and traditional Swedish snacks. 4:30 to 6 p.m. Dec. 9. Harbor History Museum, 4121 Harborview Drive, Gig Harbor. \$2 for all ages 253-858-6722, harborhistorymuseum.org.

Zoo Lights A glow with more than a half-million lights. 5 to 9 p.m. through Jan. 1. Point Defiance Zoo and Aquarium. 5400 N. Pearl St., Tacoma. \$5-\$10. 253-591-5337, pdza.org.

Fantasy Lights Drive-through light display, 5:30 to 9 p.m. through Jan. 1. Spanaway Park, 15320 Breseman Blvd. SW, \$14 per vehicle, \$45 per bus with 24 or more capacity, \$7 half price nights Monday through Wednesday and Dec. 5-7.

co.pierce.wa.us/in-

WEEKEND

dex.aspx?nid=1253. Santa Train Travel by train for a visit with Santa Claus and to eniov refreshments served from the Museum's railway kitchen car. 9 a.m. to 3 p.m. Saturday through Dec. 17. Northwest Railway Museum, 38625 S.E. King St., Snoqualmie. \$24; younger than 2 free. 425-888-3030. trainmuseum.org.

Seattle Center Winterfest The return of Winter Train and Village, Winterfest ice rink and family activities in Seattle Center Armory, Fisher Pavilion and on the grounds of Seattle Center. 10 a.m. Sunday through Dec. 30. Seattle Center, 305 Harrison St., Seattle. 206-684-7200. seattlecenter.com.

TALKS

The Keys to Successful Aging With Jim Antonucci. Ph.D. learn about the research and science behind successful aging. And learn how Heron's Key. Lunch will be served. Space is limited. RSVP for yourself and a guest by calling 866-483-2760. 10:30 a.m. Tuesday. Canterwood Golf and Country Club, 12606 54th Ave. NW, Gig Harbor.

Oh My Gosh - Now What? There's no diagnosis like an Alzheimer's or Dementia diagnosis. Take a look at the

questions and the answers. 6 p.m. Wednesday. Milton/Edgewood Library, 900 Meridian Ave. E., Milton, Free, 253-798-4600. PierceADRC.org.

The Accidental Curator Get a behind the scenes look at the making of Arts and Artifacts: An Excellent Little Bay. Space is limited. To reserve your seat, contact Elizabeth Langford at elizabeth@harborhistorymuseum.org or 253-858-6722 ext. 6. 2 p.m. Dec. 1. Harbor History Museum, 4121 Harborview Drive, Gig Harbor. Free. harborhistorymuseum.org.

"The Subersive Stitch" By Diana Weymar, work examines the intersections between material culture. craft-based methodologies and the gender stereotypes of traditionally female embroidery work. 5 p.m. Dec. 6. University of Puget Sound, Trimble Hall, 1500 N. Warner St., Tacoma. Free. 253-879-3555, pugetsound.edu/calendar.

MUSIC

CHORAL **South Sound Classical Choir** 7:30 p.m. Dec. 2. Beautiful Savior Lutheran Church. 2306 Milton Way, Milton; 3 p.m. Dec. 4. St. Matthew Episcopal Church, 6800 Eastside Drive NE, Tacoma.; 7:30 p.m. Dec. 9. Puyallup

United Methodist Church, 1919 W. Pioneer Ave., Puvallup, Free, 253-507-4183, southsoundclassicalchoir.org. University of

Puget Sound Adelphian Concert Choir and Voci d'Amici "There is No Rose: Songs of Winter" 7:30 p.m. Dec. 2, 2 p.m. Dec. 3. University of Puget Sound — Kilworth Memorial Chapel, 1500 N. Warner St., Tacoma. \$10-\$5. 253-879-3100, tickets.pugetsound.edu.

Christmas Breath of Aire Concert Singers from around the Pacific Northwest singing. 7 p.m. Dec. 3. Central Lutheran Church, 409 N. Tacoma Ave., Tacoma. \$15 adults, \$30 adults plus children. \$22 1 adult plus children. 253-383-5528, CentralLutheranChurch.com/donate. Peninsula Community Cho-

rus Holiday Concert Light refreshments served following the concert. 2 p.m. Dec. 4 . Fox Island United Church of Christ, 726 Sixth Ave., Fox Island, Freedonations welcome. peninsulacommunitychorus.com.

A Celebration of Carols With chancel choir, youth handbell choir and orchestra. Following the concert will be a reception with cookies and hot cider. 6 p.m. Dec. 4 . First Presbyterian Church. 20 Tacoma Ave. S.. Tacoma. Free. 253-272-3286,

Hot Coffee & A Donut

NWGUARDIAN.COM

fpctacoma.org/concert.

FRIDAY NOVEMBER 25 2016

'Tis the Season University of **Puget Sound Chorale and**

Dorian Singers 7:30 p.m. Dec. 6. University of Puget Sound -Kilworth Memorial Chapel, 1500 N. Warner St., Tacoma, Free. 253-879-3555, pugetsound.edu/ calendar.

From the Realms of Glory Featuring Ralph Vaughan Williams' "Magnificat" with flautist Roxanne Rhea, the Sonoro Scandinavian Children's Choir 8 p.m. Dec. 9. St. Mary's Episcopal Church. 10630 Gravelly Lake Drive SW, Lakewood. \$15. sonorochoralsociety.com.

CLASSICAL

Classical Sundays 3 p.m. Sundays. Sunday: Paul Edwards, piano: Dec. 4: Dave Linden. pianist; Dec. 11: Leon Christian, guitar; Dec. 18: The Puget Sounds, recorders, Open donation. Antique Sandwich Company, 5102 N. Pearl St., Tacoma. 253-565-4458.

Organ at Noon Joseph Adam

Plays holiday favorites. 12:05 to 1 p.m. Dec. 2. University of Puget Sound — Kilworth Memorial Chapel, 1500 N. Warner St., Tacoma. Free. 253-879-3555, pugetsound.edu/calendar. **University of Puget Sound**

SEE EVENTS, 15C

@ House of Donuts



FRIDAY NOVEMBER 25 2016 NWGUARDIAN.COM

FROM PAGE 14C EVENTS

Concert Band and Wind Ensemble 7:30 p.m. Dec. 2. University of Puget Sound -Schneebeck Concert Hall, 1500 N. Warner St., Tacoma. Free. 253-879-3555, pugetsound.edu/ calendar.

Holiday Pipe Organ Concert Includes a dessert potluck with Naomi Shiga and Jonathan Wohlers, 1:30 p.m. Dec. 2 . St. Andrew's Episcopal Church, 7410 S. 12th St., Tacoma. \$10 plus a dessert to share, 253-241-4166. plu.edu/liferoadscholar.

Christmas Bells are Ringing Handbell ensemble. International Artists Carillon, 4 p.m. Dec. 4. St. Luke's Episcopal Church. 3615 N. Gove St., Tacoma. Freewill donation. 253-759-3534. seattlecarillon.org.

JAZZ

Tommy Emmanuel 7:30 p.m. Dec. 3. Moore Theatre, 1932 Second Ave., Seattle. \$32-\$47. stgpresents.org

Swing Reunion Orchestra Big Band Christmas 7:30 p.m. Dec. 5. Tacoma Musical Playhouse, 7116 Sixth Ave., Tacoma \$25. 253-565-6867, tmp.org.

LOTs A, B & C!

Must present coupon to receive discounted rate.

Offer not valid in conjunction with any other offer.

Rates do not include City tax, airport access fee,

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living wage surcharge, or WA State sales tax.

POP

6. KeyArena, 305 Harrison St., Seattle. \$40-\$95. Ticketmaster.

R&B

The Average White Band 7:30 and 9:30 p.m. Dec. 8-9. Dimitriou's Jazz Alley, 2033 Sixth Ave., Seattle. \$35.50. 206-441-9729, jazzalley.com. Snoop Dogg 7:30 p.m. Dec. 8.

The Paramount Theatre, 911 Pine St., Seattle. \$65.50. stgpresentsora

ROCK

Wally and the Beaves Winter Dance Party 7:30 to 11 p.m. Thursday. Tacoma Elks 174, 2013 S. Cedar St., Tacoma. \$15. 253-272-1117.

NIGHTLIFE

FRIDAY

B Sharp Coffee House 706 Opera Alley, Tacoma, The Tonic Blues (8 p.m.). 253-292-9969.

Buffino's Golden West Saloon 5228 South Tacoma Way, Tacoma, Back Porch Band (9 p.m.). 253-471-9892

Emerald Queen I-5 Nightclub 2024 E. 29th St., Tacoma, Notorious 253 (9 p.m.). 253-594-7777

Code #1401 TNTO

Emerald Queen I-5 Showroom 2024 E. 29th St., Tacoma. Asia Fest featuring Manh Quynh (8 p.m.). 253-594-7777.

Forza Coffee Company 1520 Wilmington Drive, DuPont, live music (6:30 p.m.). 253-964-1407.

Forza Coffee Company 2209 N. Pearl St., Tacoma, open mic (7 p.m.). 253-759-9320.

G. Donnalson's 3814 N. 26th St., Tacoma, Ed Taylor (7:30 p.m.), 253-761-8015

Great American Casino 10117 South Tacoma Way, Lakewood, Nite Crew (9 p.m.). 253-396-0500

Louie G's 5219 Pacific Highway E, Fife, James Hunnicutt (9 p.m.). 253-926-9700.

Muckleshoot Casino 2402 Auburn Way S., Auburn, Sway (9:30 p.m.). 253-333-1848.

Rock The Dock 535 Dock St. Tacoma, Kurt Lindsay (8 p.m.). 253-272-5004 The Swiss 1904 S. Jefferson.

Tacoma, Black Friday, KryBoys (9 p.m.). 253-572-2821 Urban Timber Coffee 6621

166th Ave. E., open mic (6:30 p.m.). Sumner. 253-826-3936.

The Valley Pub 1206 Puyallup Ave., Tacoma, The Pearls with Chad Bault (8 p.m.). 253-248-4265

SATURDAY

B Sharp Coffee House 706

Opera Alley, Tacoma, The CD Woodbury Band (8 p.m.). 253-292-9969 Buffino's Golden West Sa-

WEEKEND

loon 5228 South Tacoma Way, Tacoma, Back Porch Band (9 p.m.). 253-471-9892.

Emerald Queen I-5 Nightclub 2024 E. 29th St., Tacoma, Notorious 253 (9 p.m.). 253-594-7777

G. Donnalson's 3814 N. 26th St., Tacoma, Good Vibes Trio (7:30 p.m.). 253-761-8015.

Great American Casino 10117 South Tacoma Way, Lakewood, Nite Crew (9 p.m.). 253-396-0500.

Jazzbones 2803 Sixth Ave., Tacoma. The Iron Madens. Rising, Patitude (8 p.m.). 253-396-9169

Louie G's 5219 Pacific Highway E, Fife, The Thorium Switch, Action Figures, Wattphuk (8 p.m.). 253-926-9700.

Muckleshoot Casino 2402 Auburn Way S., Auburn, Whiskey River (5 p.m.), DJ DV One (10:30 p.m.). 253-333-1848.

Rock The Dock 535 Dock St., Tacoma. Zero Down Blues (8 p.m.). 253-272-5004

Royal Bear 35731 West Valley Highway S., Algona, Grinder (9 p.m.). 206-628-0888.

The Spar 2121 N. 30th St., Tacoma, Blumeadows (8 p.m.). 253-627-8215

The Swiss 1904 S. Jefferson, Tacoma, Kry Boys (9 p.m.). 253-572-2821.

Uncle Thurm's Finger Lickin' **Ribs & Chicken** 3709 S. G St... Tacoma, live music featuring blues, brews and BBQ's (8 p.m.). 253-475-1881

Urban Timber Coffee 6621 166th Ave. E., Jessica Lynne (7 p.m.). Sumner, 253-826-3936.

The Valley Pub 1206 Puyallup Ave., Tacoma, Lesli Sanders (9 p.m.). 253-248-4265.

SUNDAY

Dawson's Bar and Grill 5443 South Tacoma Way, Tacoma, Tim Hall Band (8 p.m.). . 253-476-1421

G. Donnalson's 3814 N. 26th St., Tacoma, Blues Gospel (7 p.m.). 253-761-8015.

Real Art Tacoma 5412 South Tacoma Way, Tacoma, Boy on Guitar, Itemfinder, Might As Well, Ivan the Gorilla, Receiving Line (4 p.m.), realarttacoma.com.

The Spar 2121 N. 30th St., Tacoma, Little Bill and The Bluenotes (7 p.m.). 253-627-8215.

The Swiss 1904 S. Jefferson, Tacoma. Friends of the Holidays Benefit Show featuring The New Rhythmatics. Red House. Leroy Bell & His Inly Friends, James King & the Southsiders, Kim Archer Band (4 p.m.) . 253-572-2821

MONDAY

G. Donnalson's 3814 N. 26th St., Tacoma, Vince Brown (7 p.m.). 253-761-8015.

Great American Casino 10117 South Tacoma Way, Lakewood, karaoke with Virginia (9 p.m.). 253-396-0500.

Jazzbones 2803 Sixth Ave.. Tacoma, Rockaroake with a live band (10 p.m.). 253-396-9169. The Swiss 1904 S. Jefferson.

Tacoma, open mic (7 p.m.). 253-572-2821.

TUESDAY

Antique Sandwich Company 5102 N. Pearl St., Tacoma, open mic (7 p.m.). 253-752-4069.

Daves of Milton 1502 11th Ave, Milton, Jerry Miller and CD Woodbury alternate Tuesday (7 p.m.). 253-926-8707.

G. Donnalson's 3814 N. 26th St., Tacoma, James Haye (7 p.m.). 253-761-8015.

Rock The Dock 535 Dock St.. Tacoma, open mike with Dustin (8 p.m.). 253-272-5004.

WEDNESDAY

Dawson's Bar and Grill 5443 South Tacoma Way, Tacoma, Linda Myers Band (8 p.m.). 253-476-1421

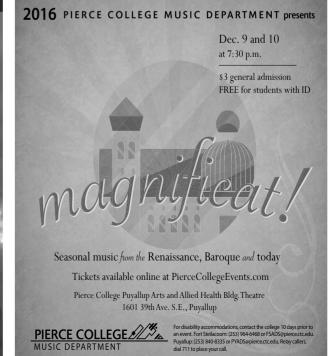
G. Donnalson's 3814 N. 26th St., Tacoma, James Haye (7 p.m.). 253-761-8015

FALL SPECIAL! THE PIERCE COLLEGE CONCERT BAND Dire<u>cted by</u> Dec. 4 at 3 p.m. and scar Thorp Dec. 6 at 7:30 p.m. Free admission Pierce College Puyallup Arts and Allied Health Bldg. Theatre 1601 39th Ave S.E., Puyallup Per 24 Hour Day PIERCE COLLEGE Valid only through December 20, 2016

MUSIC DEPARTMENT

Fort Steilacoom: (253) 964-6468 or FSADS@pierce.ctc.edu. Puyallup: (253) 840-8335 or PYADS@pierce.ctc.edu. Relay callers, dial 711 to place your call.

PIERCE COLLEGE MUSIC DEPARTMENT presents



Guardian Events

15C

Empire of the Sun 3 p.m. Dec.

